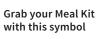


with Creamy Dill Potatoes & Salad Greens

KID FRIENDLY











Dijon Mustard

Premium Sirloin



Dill & Parsley Mayonaise



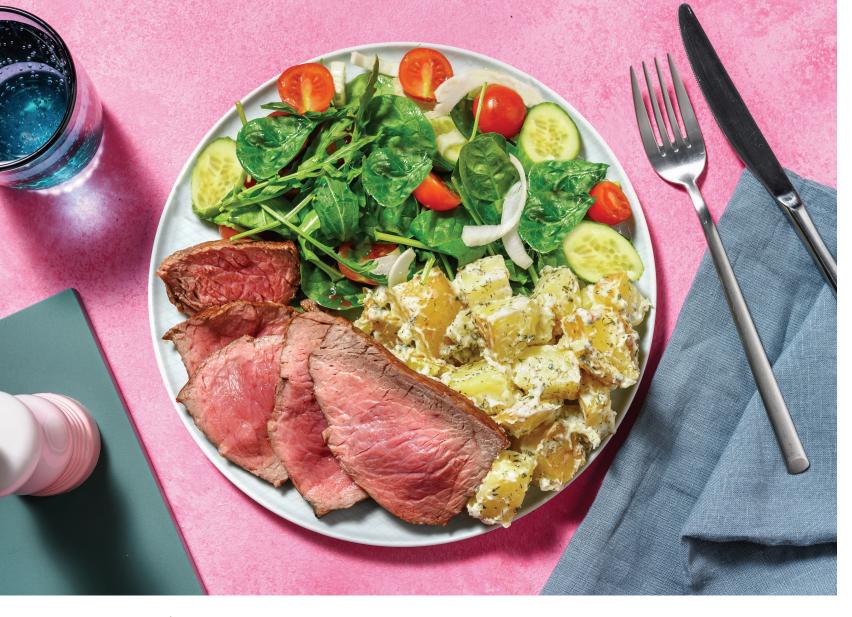
Cucumber

Snacking Tomatoes



Spinach, Rocket & Fennel Mix





Prep in: 15-25 mins Ready in: 25-35 mins

Carb Smart

This classic honey mustard combo brings so much flavour to juicy beef sirloin steaks. Serve with a refreshing and seasoned salad, plus naturally tasty potatoes, which work a treat with the creamy dill & parsley mayo.



Olive Oil, Honey, Vinegar (White Wine or Balsamic)

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan · Oven tray lined with baking paper · Medium saucepan with a lid

Inaredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
Dijon mustard	1 packet	2 packets
honey*	2 tsp	4 tsp
water*	2 tsp	4 tsp
premium sirloin tip	1 small packet	1 large packet
potato	2	4
dill & parsley mayonnaise	1 medium packet	1 large packet
cucumber	1	2
snacking tomatoes	1 punnet	2 punnets
vinegar* (white wine or balsamic)	drizzle	drizzle
spinach, rocket & fennel mix	1 small bag	1 medium bag
premium sirloin tip**	1 small packet	1 large packet
at death		

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2019kJ (483Cal)	355kJ (85Cal)
Protein (g)	37.4g	6.6g
Fat, total (g)	22.8g	4g
- saturated (g)	3.6g	0.6g
Carbohydrate (g)	30.6g	5.4g
- sugars (g)	10.3g	1.8g
Sodium (mg)	313mg	55mg

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2756kJ (659Cal)	383kJ (92Cal)
Protein (g)	68g	9.5g
Fat, total (g)	28.7g	4g
- saturated (g)	5.9g	0.8g
Carbohydrate (g)	30.6g	4.3g
- sugars (g)	10.3g	1.4g
Sodium (mg)	388mg	54mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns



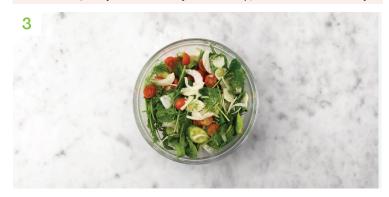




Roast the sirloin tip

- See top steak tips! (below). Preheat oven to 220°C/200°C fan-forced. In a small bowl, combine the **Dijon mustard**, the **honey** and the **water**. Set
- In a large frying pan, heat a drizzle of **olive oil** over high heat. Season **premium sirloin tip** all over and add to hot pan. Sear until browned, 1 minute on both sides. Remove pan from heat, add the honey and mustard glaze and turn to coat.
- Transfer to a lined oven tray and roast for 17-22 minutes for medium or until cooked to your liking.
- · Remove from oven and cover with foil to rest for 10 minutes.

Custom Recipe: If you've doubled your sirloin tip, divide between two trays



Get prepped

- While the potatoes are cooking, slice the **cucumber** into thin rounds. Halve snacking tomatoes.
- In a large bowl, combine the vinegar, a drizzle of olive oil and a pinch of salt and pepper. Add the spinach, rocket & fennel mix, tomato, and cucumber and toss.

Cook the dill potatoes

- While the beef is roasting, boil the kettle. Half-fill a medium saucepan with boiling water and add a generous pinch of salt. Cut potato into large
- Cook **potato** in the boiling water, over high heat, until easily pierced with fork, **12-15 minutes**. Drain and return to saucepan.
- Add the dill & parsley mayonnaise to the drained potatoes. Mix to combine and season to taste. Cover to keep warm and set aside.



Serve up

• Thinly slice the steak and divide between plates. Serve with the creamy dill potatoes and the cherry tomato salad. Enjoy!

Top Steak Tips!

- 1. Use paper towel to pat steak dry before seasoning.
- 2. Check if steak is done by pressing on it gently with tongs rare steak is soft, medium is springy and well-done is firm.
- 3. For ultimate tenderness, let steak rest on a plate for 10 minutes before slicing.

Rate your recipe

Our Culinary team is waiting for your feedback! Let them know what you thought: hellofresh.com.au/rate