



# Creamy Caesar Chicken Roll

with Cucumber

SERVES  
2



Eat Me Early

Grab your Kit

### First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people
Olive Oil*	refer to method
Cucumber	1
Chicken Breast	1 small packet
Mayonnaise	1 medium packet
Caesar Dressing	1 packet
Hot Dog Bun	4
Mixed Salad Leaves	1 small bag

\*Pantry Items

Nutrition Information		
AVG QTY	PER SERVING	PER 100g
Energy (kJ)	3105kJ (742Cal)	757kJ (181Cal)
Protein (g)	45.2g	11g
Fat, total (g)	36.9g	9g
- saturated (g)	10.9g	2.7g
Carbohydrate (g)	55.9g	13.6g
- sugars (g)	10.5g	2.6g
Sodium (g)	903mg	220mg

The quantities provided above are averages only.

### Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.com.au/foodinfo](http://hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

### 1. Get prepped

Slice **cucumber** into thin sticks. Slice **chicken breast** into thin strips. In a large frying pan, heat a drizzle of **olive oil** over high heat. Cook **chicken strips**, tossing occasionally, until browned and cooked through (no longer pink inside), **3-4 mins**. Cool slightly, then shred **chicken** with 2 forks.

### 2. Flavour the chicken

In a medium bowl, combine **shredded chicken**, **mayonnaise** and **caesar dressing**. Season with **salt** and **pepper**.

### 3. Serve up

Fill each **hot dog bun** with some creamy caesar chicken, cucumber and **mixed salad leaves**. Wrap in foil or plastic wrap. Refrigerate until ready to serve.

### We're here to help!

If you have any questions or concerns, please contact us at [hellofresh.com.au/contact](http://hellofresh.com.au/contact)



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# ON THE MENU

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## Brekkie delights

Make breakfast extra delicious with one of our satisfying breakfast options, like granola, pancakes and bagels.

Combining a fresh bagel and delicious savoury toppings, our **Smoked Salmon & Cream Cheese Bagel with Spring Onion & Capers** is sure to be a hit!



## Treat yourself

For a twist on a retro classic try our **Pineapple Upside Down Cake**. With a decadent coconut caramel sauce, you'll be lining up for seconds!



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