

Mixed Berry Compote Pancakes

with Spiced Butter



First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people
Vegetable Oil*	refer to method
Butter (for the pancakes)*	40g
Milk*	1/4 cup
Eggs*	2
Dry Pancake Mix	1 medium packet
Sweet Golden Spice Blend	1 sachet
Butter (for the sauce)*	60g
Mixed Berry Compote	1 packet
Greek-Style Yoghurt	1 packet
*Pantry Items	

Nutrition Information PER PER AVG OTY SERVING 100g 6380kJ 1312kJ Energy (kJ) (1525Cal) (314Cal) Protein (g) 86g 17.7g Fat, total (g) 17.7g - saturated (g) 42.2g 8.7g Carbohydrate (g) 157.2g 32.3g

85.9g

1325mg

17.7g

273mg

The quantities provided above are averages only.

<u>A</u>llergens

- sugars (g)

Sodium (g)

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Get prepped

Melt butter (for the pancakes) in the microwave in 30 second burst. In a medium bowl, add melted butter, milk, Greek-style yoghurt and eggs. Whisk to combine. Add dry pancake mix and mix until just combined.

2. Cook pancakes

In a large non-stick frying pan, heat a drizzle of vegetable oil over medium heat. When oil is hot, cook pancake batter, in batches until golden, 3-5 mins each side (1/2 cup batter per pancake).

3. Serve up

Wipe out frying pan and return medium heat. Add butter (for the sauce) and sweet golden spice blend, stirring until melted. Divide pancakes between plates. Drizzle with spiced butter and mixed berry compote.

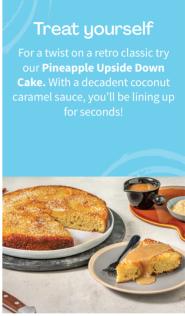
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SDV



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