

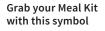
Loaded Beef & Chorizo Sweet Potatoes

with Cheddar Cheese & Garden Salad

HALL OF FAME

KID FRIENDLY

BESTSELLER







Sweet Potato





Celery



Mild Chorizo





Tomato Paste

Beef Mince



Aussie Spice





Cheddar Cheese



Sesame Seeds



week's potato was in short supply, so we've replaced it with sweet potato. Don't worry, the recipe will be just as delicious, just be sure to follow your recipe card!



Prep in: 15-25 mins Ready in: 45-55 mins Get a load of this: crisp and golden jacket sweet potatoes, topped with a moreish beef mince and chorizo topping - which comes together in the pan with a good glug of tomato paste and our trusty Aussie spice blend. Serve with a simple salad to balance out the richness, and top it all off with mandatory shredded Cheddar, plus a sprinkling of sesame seeds for a nutty depth of flavour.

Pantry items

Olive Oil, Honey, Vinegar (White Wine or Balsamic)

Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Oven tray lined with baking paper \cdot Large frying pan

Ingredients

ingi calcino				
	2 People	4 People		
olive oil*	refer to method	refer to method		
sweet potato	2	4		
tomato	1	2		
celery	1 medium bag	1 large bag		
honey*	1 tsp	2 tsp		
vinegar* (white wine or balsamic)	drizzle	drizzle		
mild chorizo	½ packet (125g)	1 packet (250g)		
beef mince	1 small packet	2 small packets OR 1 large packet		
tomato paste	½ packet	1 packet		
Aussie spice blend	1 medium sachet	2 medium sachets OR 1 large sachet		
water*	⅓ cup	⅔ cup		
mixed salad leaves	1 small bag	1 medium bag		
Cheddar cheese	1 medium packet	1 large packet		
sesame seeds	1 medium packet	1 large packet		
beef mince**	1 small packet	2 small packets OR 1 large packet		

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3523kJ (842Cal)	586kJ (140Cal)
Protein (g)	63g	10.5g
Fat, total (g)	50.3g	8.4g
- saturated (g)	20.4g	3.4g
Carbohydrate (g)	32.1g	5.3g
- sugars (g)	11.6g	1.9g
Sodium (mg)	2081mg	346mg

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4457kJ (1065Cal)	614kJ (146Cal)
Protein (g)	88.1g	12.1g
Fat, total (g)	64.3g	8.9g
- saturated (g)	26.6g	3.7g
Carbohydrate (g)	31.7g	4.4g
- sugars (g)	11.2g	1.5g
Sodium (mg)	2125mg	293mg

The quantities provided above are averages only.

Allergens

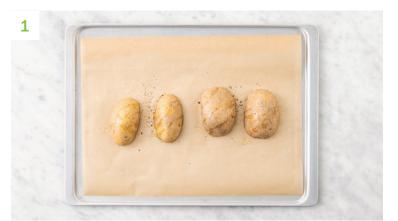
Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns





Bake the sweet potatoes

- Preheat oven to 220°C/200°C fan-forced.
- Half sweet potato lengthways.
- Place each sweet potato cut-side down on a lined oven tray. Drizzle with olive oil and season with salt and pepper.
- Bake until crisp and tender, 40-45 minutes.



Cook the chorizo-beef topping

- When the sweet potato has 15 minutes remaining, heat a large frying pan over high heat with a drizzle of olive oil. Cook beef mince and chorizo, breaking up beef with a spoon, until cooked through, 5-6 minutes.
- Add tomato paste (see ingredients) and Aussie spice blend and cook until fragrant, 1 minute.
- Add the water, then reduce heat to medium-low and simmer until slightly thickened, 5 minutes. Season to taste. Set aside.

TIP: For best results, drain the oil from the pan before adding the tomato paste.

Custom Recipe: If you've doubled your beef mince, cook beef mince and chorizo for an extra 2-3 minutes. Continue as above.



Get prepped

- Meanwhile, roughly chop tomato and thinly slice celery. Set aside.
- In large bowl, combine the honey with a drizzle of the vinegar and olive oil.
 Season to taste. Set aside.
- Roughly chop mild chorizo (see ingredients).

Little cooks: Lend a hand by combining the ingredients for the dressing!



Serve up

- To the bowl with the dressing, add tomato, celery and mixed salad leaves.
 Toss to coat.
- Divide sweet potatoes and garden salad between plates.
- Load potatoes up with chorizo-beef topping. Sprinkle with Cheddar cheese and sesame seeds to serve. Enjoy!

Little cooks: Show them how it's done and help load the sweet potatoes up with the toppings. Be careful, the beef and chorizo mixture is hot!

Rate your recipe

Our Culinary team is waiting for your feedback!
Let them know what you thought: hellofresh.com.au/rate