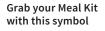


Irish Roast Chicken Burger with Potato Rounds & Peppercorn Gravy

GAME NIGHT

NEW

KID FRIENDLY









Spring Onion



Black Peppercorns

Chicken Breast





Savoury Seasoning

Slaw Mix





Bake-At-Home Burger Buns



Gravy Granules



Prep in: 25-35 mins Ready in: 30-40 mins Getting ready for the big game has never been easier, since we've gone ahead and prepared a stacked lineup of crowd-pleasing burgers inspired by your favourite country's cuisine. The luck of the Irish will be on your side for this chicken number and the crispy potato rounds are sure to bring all to the table.



Olive Oil, White Wine Vinegar

Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Oven tray lined with baking paper \cdot Large frying pan

Ingredients

ingi edients			
2 People	4 People		
refer to method	refer to method		
2	4		
1 stem	2 stems		
½ medium sachet	1 medium sachet		
1 small packet	2 small packets OR 1 large packet		
1 sachet	2 sachets		
1 small bag	1 large bag		
1 medium packet	1 large packet		
drizzle	drizzle		
2	4		
1 medium sachet	1 large sachet		
½ cup	1 cup		
1 packet (90g)	1 packet (180g)		
	2 People refer to method 2 1 stem ½ medium sachet 1 small packet 1 small bag 1 medium packet drizzle 2 1 medium sachet ½ cup 1 packet		

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3273kJ (782Cal)	567kJ (136Cal)
Protein (g)	49.1g	8.5g
Fat, total (g)	27.9g	4.8g
- saturated (g)	5.5g	1g
Carbohydrate (g)	78g	13.5g
- sugars (g)	13.3g	2.3g
Sodium (mg)	1213mg	210mg

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3661kJ (875Cal)	589kJ (141Cal)
Protein (g)	56g	9g
Fat, total (g)	34.6g	5.6g
- saturated (g)	8g	1.3g
Carbohydrate (g)	78.7g	12.7g
- sugars (g)	13.8g	2.2g
Sodium (mg)	1644mg	264mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns







Roast the potato

- Preheat oven to 220°C/200°C fan-forced. Cut potato into 0.5cm-thick rounds.
- Place **potato** on a lined oven tray with a drizzle of **olive oil** and season with **salt** and **pepper**.
- Toss to coat and roast until golden,
 20-25 minutes.



Get prepped

- Meanwhile, thinly slice **spring onion**.
- Crush black peppercorns (see ingredients)
 with a pestle and mortar, or in their sachet using
 a rolling pin.
- Place your hand flat on top of each chicken breast and slice through horizontally to make two thin steaks.
- In a medium bowl, combine chicken, savoury seasoning, a pinch of salt and a drizzle of olive oil.



Make the slaw

 In a second medium bowl, combine slaw mix, garlic aioli, spring onion and a drizzle of the white wine vinegar. Season.

Little cooks: Take the lead by tossing the slaw!



Cook the chicken

- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat.
- Cook **chicken**, in batches, until golden and cooked through, **3-6 minutes** each side.

TIP: Chicken is cooked through when it's no longer pink inside.



Make the gravy

- · Meanwhile, boil the kettle.
- Halve bake-at-home burger buns and bake directly on a wire oven rack until heated through,
 2-3 minutes
- In a medium bowl, combine gravy granules, peppercorns and the boiling water, whisking, until smooth, 1 minute.

Custom Recipe: If you've added diced bacon, return large frying pan to medium-high heat, with a drizzle of olive oil. Cook diced bacon, breaking up with a spoon, until golden, 4-6 minutes. Once the gravy is smooth, stir through diced bacon.



Serve up

- Top each bun with some sliced potatoes, slaw, chicken and a drizzle of peppercorn gravy.
- Serve with remaining sliced potato, slaw and gravy. Enjoy!

Rate your recipe

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