



Prosciutto & Semi-Dried Tomato Cheese Toastie

with Basil Pesto

SERVES
2



First up!

Wash your hands and any fresh foods before you start.

Ingredients 2 people

Semi-Dried Tomatoes 1 packet

Sliced Sourdough 4 slices

Basil Pesto 1 packet

Cheddar Cheese 1 medium packet

Prosciutto 1 packet

Butter*
(softened) 15g

*Pantry Items

Grab your Kit



1. Get prepped

Roughly chop **semi-dried tomatoes**.

2. Assemble the toastie

Spread half the **sourdough slices** with **basil pesto**. Top with **cheddar cheese**, **prosciutto** and **tomatoes**. Season with **pepper**. Top with remaining slices of sourdough. Spread the outside slices of sourdough with **butter**. Toast each sandwich in a sandwich press or frying pan until golden on each side.

3. Serve up

Slice sandwiches in half. Divide prosciutto, semi-dried tomato and cheese toasties between plates to serve.

Nutrition Information

AVG QTY	PER SERVING	PER 100g
Energy (kJ)	2300kJ (549Cal)	1278kJ (305Cal)
Protein (g)	27.9g	15.5g
Fat, total (g)	31.9g	17.7g
- saturated (g)	8.1g	4.5g
Carbohydrate (g)	36.1g	20.1g
- sugars (g)	4.2g	2.3g
Sodium (g)	1586mg	881mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

If you have any questions or concerns, please contact us at hellofresh.com.au/contact

SFT

More meal occasions



Scan the QR code to add these to next week's box!



Get some more Vitamin C in your week! Try our Fruit Box.

Breakfast & Brunch

Tuck in to a sweet or savoury delight to start your day out right.



No Sugar

Passionfruit Kombucha Remedy
Four 250ml cans



Cafe fave

Caramelised Pear & Pecan Pancakes with Syrup & Cream



Quick brunch

Prosciutto & Cheese Croissant with Dijon Mustard

Quick Lunches

Short on time? Whip up these delicious dishes in a flash!



Kid-friendly

Cheesy Aussie Chicken Burger with Fries & Garlic Aioli



Ready to heat

Beef Lasagne
No Prep | Ready in 5



Lunch bites

Oyster Sauce Chicken Bao Buns with Mayo & Pickled Cucumber

Sides & Desserts

Turn dinner into a feast that the whole family will love.



Ready to bake

Garlic Bread
Serves 4+



The perfect side

Roasted Potatoes & Creamy Fetta with Lemon Zest



Four easy steps

Chocolate Self-Saucing Pudding with Mixed Berry Compote