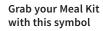




Pork, Apple & Thyme Sausage Rolls with Tomato Relish













Blend





Fine Breadcrumbs

Filo Pastry





Seeds

Tomato Relish





Prep in: 20 mins Ready in: 55 mins

With a touch of sweetness from the apple, these quick and easy sausage rolls are sure to go down a treat and impress your guests!

Pantry items Olive Oil, Eggs

SHZ



Before you start

Wash your hands and any fresh food.

You will need

Oven tray lined with baking paper

Ingredients

	6-8 People
olive oil*	refer to method
apple	1/2
thyme	1 bag
pork mince	1 small packet
Aussie spice blend	1 medium sachet
egg* (for the filling)	1
fine breadcrumbs	1 medium packet
salt*	1/4 tsp
filo pastry	1 packet
egg* (for the wash)	1
mixed sesame seeds	1 medium packet
tomato relish	2 packets

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4082kJ (975Cal)	926kJ (221Cal)
Protein (g)	44.5g	10.1g
Fat, total (g)	44.5g	10.1g
- saturated (g)	5.9g	1.3g
Carbohydrate (g)	130g	29.5g
- sugars (g)	21.7g	4.9g
Sodium (mg)	2253mg	511mg
Dietary Fibre (g)	6.1g	1.4g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- Grate apple (see ingredients). Pick thyme leaves.
- In a large bowl, combine pork mince, apple, thyme, Aussie spice blend, the egg (for the filling), fine breadcrumbs, the salt and a good pinch of pepper.



Assemble the sausage rolls

- On a flat surface, evenly stack 5 sheets of filo pastry with a drizzle of
 olive oil between each layer. Spoon the pork mixture down the long side
 of the filo sheet, then roll the pastry over into a sausage shape.
- · Cut into 8 even pieces.



Bake the sausage rolls

- Place sausage rolls 3cm apart on the a lined oven tray.
- In a small bowl, place egg (for the wash) and whisk with a fork.
- Brush egg wash over the top of the sausage rolls. Sprinkle over a pinch of mixed sesame seeds.
- Bake until golden and cooked through, 25-30 minutes.



Serve up

 Transfer pork, apple and thyme sausage rolls to a serving platter. Serve with tomato relish. Enjoy!



Scan here if you have any questions or concerns



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