

Hearty Chicken & Hidden Veggie Pie with Cheesy Potato Top & Cucumber Salad

FESTIVE FAVES

KID FRIENDLY



Grab your Meal Kit with this symbol













Chicken Breast

Cucumber

Garlic & Herb Seasoning



Cream



Dijon Mustard





Cheddar Cheese



Stock Powder



Walnuts

Pantry items



Prep in: 25-35 mins Ready in: 35-45 mins

The holidays are upon us, so get in the spirit with this hearty chicken and veggie pie. The bright and fresh cucumber side salad pairs perfectly with the pie and is topped with some walnuts for some crunch!



Eat Me Early

Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Medium saucepan · Large frying pan · Medium baking dish

Ingredients

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	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
butter*	40g	80g
milk*	2 tbs	½ cup
carrot	1	2
cucumber	1	2
chicken breast	1 small packet	2 small packets OR 1 large packet
garlic & herb seasoning	1 medium sachet	1 large sachet
light cooking cream	1 medium packet	1 large packet
Dijon mustard	1 medium packet	2 medium packets
chicken-style stock powder	1 medium sachet	1 large sachet
water*	⅓ cup	⅔ cup
Cheddar cheese	1 medium packet	1 large packet
mixed salad leaves	1 small bag	1 medium bag
vinegar* (white wine or balsamic)	drizzle	drizzle
walnuts	1 medium packet	1 large packet
diced bacon**	1 packet (90g)	1 packet (180g)

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3375kJ (807Cal)	515kJ (123Cal)
Protein (g)	51.2g	7.8g
Fat, total (g)	50.2g	7.7g
- saturated (g)	25.2g	3.8g
Carbohydrate (g)	36.8g	5.6g
- sugars (g)	14.3g	2.2g
Sodium (mg)	1379mg	210mg

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3763kJ (899Cal)	537kJ (128Cal)
Protein (g)	58.2g	8.3g
Fat, total (g)	57g	8.1g
- saturated (g)	27.7g	4g
Carbohydrate (g)	37.6g	5.4g
- sugars (g)	14.8g	2.1g
Sodium (mg)	1810mg	258mg

The quantities provided above are averages only

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns





Make the potato mash

- Boil the kettle. Half-fill a medium saucepan with boiling water.
- Peel potato and cut into large chunks.
- Cook potato in the boiling water, over high heat, until easily pierced with a fork, 12-15 minutes.
 Drain and return to the pan.
- Add the **butter** and **milk** to potato and season generously with **salt**. Mash until smooth.

TIP: Save time and get more fibre by leaving the potato unpeeled.



Get prepped

- Meanwhile, preheat grill to high.
- Grate carrot.
- Thinly slice cucumber into half-moons.
- Cut chicken breast into 2cm chunks.

Little cooks: Under adult supervision, older kids can help grate the carrot.



Cook the filling

- In a large frying pan, heat a drizzle of **olive oil** over high heat.
- When oil is hot, cook chicken and carrot, tossing occasionally, until browned, 4-5 minutes.
- Add garlic & herb seasoning and cook until fragrant, 1 minute.
- Reduce heat to medium and stir in light cooking cream, Dijon mustard, chicken-style stock powder and the water. Simmer, until slightly thickened, 2-3 minutes. Season with salt and pepper.

Custom Recipe: If you've added diced bacon, cook bacon with the chicken and carrot, breaking bacon up with a spoon until golden, 5-6 minutes. Continue as above.



Grill the pie

- Transfer chicken filling to a baking dish and spread over mashed potato.
- Sprinkle over Cheddar cheese. Grill until golden,
 5-10 minutes.



Toss the salad

 In a large bowl, combine mixed salad leaves, cucumber and a drizzle of vinegar and olive oil. Season.

Little cooks: Help toss the salad.



Serve up

- Divide hearty chicken pie and hidden veggie pie between plates. Serve with cucumber salad.
- Top salad with **walnuts** to serve. Enjoy!

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