



Tangy Lemon & Ricotta Bars with Maple-Pecan Sauce

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Vanilla-Flavoured Syrup

Basic Sponge





Pecans

Maple-Flavoured Syrup





Prep in: 20 mins Ready in: 1 hour 10 mins

Prepare to be swept off your taste buds with our tangy lemon and ricotta bars, a zingy and creamy delight. Top it off with an irresistible maple-peacan sauce for a nutty twist that takes this dessert to a whole new level of deliciousness.

Pantry items Butter, Sugar, Eggs

SIB



Before you start

Wash your hands and any fresh food.

You will need

20cm square baking tin lined with baking paper · Electric beaters · Small saucepan

Ingredients

	4 People
lemon	1
softened butter* (for the batter)	110g
sugar*	100g
eggs*	2
ricotta	1 tub
vanilla-flavoured syrup	1 tub
basic sponge mix	½ medium packet
pecans	1 medium packet
butter* (for the sauce)	30g
maple-flavoured syrup	1 packet
*Pantry Items	

Nutrition

Avg Qty	Per Serving*	Per 100g
Energy (kJ)	3502kJ (836Cal)	857kJ (204Cal)
Protein (g)	29.7g	7.3g
Fat, total (g)	24.4g	6g
- saturated (g)	8.3g	2g
Carbohydrate (g)	120g	29.4g
- sugars (g)	46.6g	11.4g
Sodium (mg)	1760mg	431mg
Dietary Fibre (g)	5.8g	1.4g

The quantities provided above are averages only. *Nutritional information is based on 4 servings.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Scan here if you have any questions or concerns





Get prepped

- Preheat oven to 180°C/160°C fan-forced.
- Grease and line the baking tin with baking paper.
- Zest **lemon** to get a generous pinch then cut into wedges.



Bake the bars & make the sauce

- Pour batter into the lined baking tin. Bake for 45-50 minutes, until firm to touch. Set aside to cool slightly in tin.
- While bars are cooling, roughly chop **pecans**.
- In a small saucepan, melt the **butter (for the sauce)** over medium-high heat, until beginning to brown, 2-3 minutes.
- Remove saucepan from heat, then stir in maple-flavoured syrup, pecans and a good squeeze of **lemon juice**, until combined.



Make the batter

- In a large bowl, place the **softened butter (for the batter)** and the **sugar**. Beat with electric beaters, until pale and thickened, 2-3 minutes.
- Add the eggs, ricotta and vanilla-flavoured syrup and beat until smooth,
- Using a wooden spoon, fold in basic sponge mix (see ingredients) and lemon zest until just combined.

TIP: Softened butter is easier to beat and helps your bars have a light texture!



Serve up

- Transfer lemon and ricotta bars to a serving plate or board. Top with maple-pecan sauce.
- Slice into even pieces and divide between plates to serve. Enjoy!

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