

HELLO FRESH

Lemon Sugar Pancakes

with Lemon Curd & Almonds





First up!

Wash your hands and any fresh foods before you start.

Ingredients	4-6 people	
Olive Oil*	refer to method	
Lemon	1	
Butter*	40g	
Milk*	1/4 cup	
Greek-Style Yoghurt	1 large packet	
Eggs*	2	
Dry Pancake Mix	1 medium packet	
Sugar*	50g	
Lemon Curd	1 medium packet	
Flaked Almonds *Pantry Items	1 large packet	
Nutrition Info	ormation	

Nutrition Information AVG QTY PER PER SERVING 100g

Energy (kJ)	2851kJ	1218kJ
	(681Cal)	(291Cal)
Protein (g)	9.8g	4.2g
Fat, total (g)	40.4g	17.3g
- saturated (g)	11.2g	4.8g
Carbohydrate (g)	68.2g	29.1g
- sugars (g)	45.3g	19.4g
Sodium (a)	486mg	208mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Get prepped

Slice lemon into wedges.
Microwave the butter in
30 second bursts until
melted. In a medium bowl,
add melted butter, the milk,
Greek-style yoghurt and the
eggs. Whisk to combine. Add
dry pancake mix and mix
until just combined.

2. Cook pancakes

In a large frying pan, heat a drizzle of vegetable oil over medium heat. When **oil** is hot, cook pancakes in batches until golden and set, **3-5 mins** each side (use 1/3 cup pancake batter per pancake).

3. Serve up

Divide pancakes between plates. Top with a squeeze of lemon juice and sprinkle over the **sugar**. Top with **lemon curd** and **flaked almonds** to serve.

We're here to help!

If you have any questions or concerns, please contact us at hellofresh.com.au/contact

More meal occasions



Scan the QR code to add these to next week's box!



Breakfast & Brunch

Tuck in to a sweet or savoury delight to start your day out right.



Lemon Sugar Pancakeswith Lemon Curd & Almonds



Prosciutto & Cheese Croissant with Dijon Mustard



Choc Chip Protein Cookie Youfoodz

Quick Lunches

Short on time? Whip up these delicious dishes in a flash!



Lunch bites

Sweet Chilli Tofu Bao Buns with Creamy Pea Pod Slaw & Crispy Shallots



Creamy Chicken Carbonara No Prep | Ready in 5



Chicken Gyoza Chan's Yum Cha at Home

Sides & Desserts

Turn dinner into a feast that the whole family will love.



Pear & Parmesan Green Salad with Parsley & Pine Nuts



Lemon Drizzle Cake & Lemon Curd with White Chocolate Ganache & Passionfruit



Chocolate Almond Cookies with White Chocolate Drizzle & Toasted Coconut