

# Seared Beef Steak Tacos & Guacamole

with Zingy Cos Lettuce & Aioli

NEXT-LEVEL TACOS









Premium Sirloin



**Red Onion** 









Cucumber





Tomato

Avocado



**Green Dressing** 



Mini Flour Tortillas



Garlic Aioli



**Pantry items** 

Olive Oil, White Wine Vinegar

# Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

### You will need

Large frying pan  $\cdot$  Oven tray lined with baking paper

## Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
paprika spice blend	1 sachet	2 sachets	
premium sirloin tip	1 small packet	2 small packets OR 1 large packet	
red onion	1/2	1	
white wine vinegar*	1/4 cup	½ cup	
baby cos lettuce	1 head	2 heads	
cucumber	1	2	
tomato	1	2	
lime	1/2	1	
avocado	1	2	
green dressing	1 medium packet	1 large packet	
mini flour tortillas	6	12	
garlic aioli	1 medium packet	1 large packet	
*Pantry Items			

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2809kJ (671Cal)	544kJ (130Cal)
Protein (g)	40.3g	7.8g
Fat, total (g)	32.2g	6.2g
- saturated (g)	5.4g	1g
Carbohydrate (g)	51.6g	10g
- sugars (g)	13.2g	2.6g
Sodium (mg)	922mg	179mg

The quantities provided above are averages only.

# **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



# Prep the sirloin tip

- Preheat oven to 220°C/200°C fan-forced.
- In a small bowl, combine paprika spice blend, a generous drizzle of olive oil and a pinch of salt.
- In a large frying pan, heat a drizzle of olive oil over high heat. When pan is hot, sear premium sirloin tip until browned, 1 minute on both sides.



# Roast the sirloin tip

- Transfer beef to a lined oven tray. Brush over paprika oil.
- Roast for 17-22 minutes for medium or until cooked to your liking.
- Remove from oven and cover with foil to rest for 10 minutes.

**TIP:** The meat will keep cooking as it rests!



## Pickle the onion

- While beef is roasting, thinly slice red onion (see ingredients).
- In a second small bowl, combine the white wine vinegar and a good pinch of sugar and salt.
- Scrunch sliced onion in your hands, then add it to pickling liquid. Add enough water to just cover onion. Set aside.



# Prep the veggies

- Roughly chop baby cos lettuce.
- Slice cucumber into thin sticks.
- Finely chop **tomato**.
- · Slice lime into wedges.
- Slice avocado in half and scoop the flesh out of its skin.



# Make the guacamole & salad

- In a medium bowl, place avocado and mash with a fork.
- Add tomato and a generous squeeze of lime juice. Stir to combine. Season to taste.
- Just before serving, in a second medium bowl, combine cos lettuce and green dressing.
  Season to taste.
- Microwave mini flour tortillas on a plate in 10 second bursts until warmed through.



# Serve up

- Thinly slice beef. Toss in beef resting juices on oven tray.
- Drain pickled onion.
- Bring everything to the table. Build tacos by topping tortillas with garlic aioli, zingy cos lettuce, cucumber, beef steak, guacamole and pickled onion.
- Serve with any remaining lime wedges. Enjoy!

