



# Pan-Fried Beef & Cheddar Tacos

with Herby Mayo & Deluxe Salad

EXPLORER

KID FRIENDLY

Grab your Meal Kit with this symbol



Tomato



Deluxe Salad Mix



Beef Strips



Aussie Spice Blend



Mini Flour Tortillas



Dill & Parsley Mayonnaise



Cheddar Cheese



Beef Strips

Prep in: 5-15 mins  
Ready in: 15-25 mins

Whipping together some tasty tacos has never been easier when you've got our deluxe salad mix at the ready. Load these handheld delights high with herby mayo, Aussie-spiced beef strips and cheese!

**CUSTOM RECIPE** If you chose to swap, upgrade or add protein, follow the custom recipe steps.

### Pantry items

Olive Oil, White Wine Vinegar

## Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

## You will need

Large frying pan

## Ingredients

	2 People	4 People
<b>olive oil*</b>	refer to method	refer to method
tomato	1	2
deluxe salad mix	1 medium bag	1 large bag
<b>white wine vinegar*</b>	drizzle	drizzle
beef strips	1 small packet	2 small packets OR 1 large packet
Aussie spice blend	1 medium sachet	1 large sachet
mini flour tortillas	6	12
dill & parsley mayonnaise	1 medium packet	1 large packet
Cheddar cheese	1 large packet	2 large packets
beef strips**	1 small packet	2 small packets OR 1 large packet

\*Pantry Items \*\*Custom Recipe Ingredient

## Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3318kJ (793Cal)	818kJ (195Cal)
Protein (g)	48.8g	12g
Fat, total (g)	44.5g	11g
- saturated (g)	14.3g	3.5g
Carbohydrate (g)	46.6g	11.5g
- sugars (g)	8.2g	2g
Sodium (mg)	1190mg	293mg

### Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4079kJ (974Cal)	768kJ (183Cal)
Protein (g)	78.8g	14.8g
Fat, total (g)	51.2g	9.6g
- saturated (g)	17.2g	3.2g
Carbohydrate (g)	46.7g	8.8g
- sugars (g)	8.3g	1.6g
Sodium (mg)	1249mg	235mg

The quantities provided above are averages only.

## Allergens

Always read product labels for the most up-to-date allergen information.

Visit [hellofresh.com.au/foodinfo](https://hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

## We're here to help!

Scan here if you have any questions or concerns



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1



## Prep the tomato

- Roughly chop **tomato**.

2



## Toss the salad

- In a large bowl, combine **deluxe salad mix**, **tomato** and a drizzle of **white wine vinegar** and **olive oil**. Season.

3



## Cook the beef

- In a large frying pan, heat a drizzle of **olive oil** over high heat.
- When oil is hot, cook **beef strips** and **Aussie spice blend**, tossing, in batches until browned and cooked through, **1-2 minutes**. Transfer to a plate.

**TIP:** *Cooking the meat in batches over a high heat helps it stay tender.*

**Custom Recipe:** If you've doubled your beef strips, cook beef in batches for best results.

4



## Serve up

- Microwave **mini flour tortillas** on a plate in **10 second** bursts until warmed through.
- Build tacos by spreading tortillas with **dill & parsley mayonnaise**. Top with salad and beef. Sprinkle over **Cheddar cheese** to serve. Enjoy!

## Rate your recipe

Did we make your tastebuds happy?

Let our culinary team know: [hellofresh.com.au/rate](https://hellofresh.com.au/rate)