

# Smokehouse Beef Brisket Sub

with Lemon Pepper Sweet Potato Fries & Apple Salad

PUB BISTRO



Grab your Meal Kit with this symbol







Beef Brisket



All-American Spice Blend



Sweet Potato









Seasoning





Ciabatta

Cheddar Cheese



Pickled Jalapeños (Optional)



Mayonnaise

Prep in: 25-35 mins Ready in: 40-50 mins

Crispy ciabatta slices are packed with tender beef brisket, rich and creamy mayo, and even some jalapeños for a burst of heat if you're feeling adventureous! Chow down on this easy and cheesy option for a twist on the classic pub sub you can enjoy at home.

#### **Pantry items**

Olive Oil, Vinegar (White Wine or Balsamic)

#### Before you start

Wash your hands and any fresh food.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium baking dish  $\cdot$  Two oven trays lined with baking paper

# Ingredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
slow-cooked beef brisket	1 medium packet	2 medium packets OR 1 large packet
All-American spice blend	1 medium sachet	1 large sachet
sweet potato	2	4
lemon pepper seasoning	1 medium sachet	2 medium sachets
apple	1	2
bake-at-home ciabatta	2	4
Cheddar cheese	1 medium packet	1 large packet
vinegar* (white wine or balsamic)	drizzle	drizzle
mixed salad leaves	1 small packet	1 medium packet
pickled jalapeños	1 medium packet	1 large packet
mayonnaise	1 large packet	2 large packets
*Pantry Items		

# Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4133kJ (988Cal)	669kJ (160Cal)
Protein (g)	46.8g	7.6g
Fat, total (g)	43.8g	7.1g
- saturated (g)	13g	2.1g
Carbohydrate (g)	99.6g	16.1g
- sugars (g)	25.2g	4.1g
Sodium (mg)	2367mg	383mg
Dietary Fibre (g)	13.1g	2.1g

The quantities provided above are averages only.

## **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

### Fancy a beer?

We recommend pairing this meal with Pale Ale or Lager



#### Roast the brisket

- Preheat oven to 240°C/220°C fan-forced.
- Place slow-cooked beef brisket in a baking dish.
- Pour liquid from packaging over beef. Sprinkle over all-American spice blend, turning to coat.
   Cover with foil and roast for 15 minutes.
- Remove from oven. Uncover, then turn over beef. Roast, uncovered, until browned and heated through, 8-10 minutes.



# Bake the sweet potato fries

- While brisket is roasting, cut sweet potato into fries.
- Place fries on a lined oven tray. Sprinkle over lemon pepper seasoning, drizzle with olive oil, season with salt and toss to coat.
- Bake until tender, 20-25 minutes.

**TIP:** If your oven tray is crowded, divide the fries between two trays.



# Get prepped

• While fries are baking, thinly slice **apple** into wedges.



#### Heat the ciabatta

- When brisket has 5 minutes remaining, slice bake-at-home ciabatta in half lengthways and place on a second lined oven tray.
- Sprinkle over **Cheddar cheese** and bake until golden, **5 minutes**.



#### Toss the salad

- Meanwhile, in a large bowl, combine a drizzle of vinegar and olive oil. Season with salt and pepper.
- Add mixed salad leaves and apple and toss until combined.

**TIP:** Toss the salad just before serving to keep the leaves crisp!



### Serve up

- Shred brisket using 2 forks and toss in sauce.
- Top ciabatta with beef brisket and pickled jalapenos (if using). Drizzle over half the mayonnaise.
- Divide smokey and cheesy brisket sub and lemon pepper sweet potato fries between plates.
- Serve with apple salad and remaining mayo. Enjoy!

