

Snuggly Mexican Beef Brisket Enchiladas with Cheddar Cheese, Sour Cream & Tomato Salad

COSY COMFORTS

AIR FRYER FRIENDLY

KID FRIENDLY







Slow-Cooked Beef Brisket

Spice Blend



Tomato Paste

Mini Flour Tortillas





Cheddar Cheese

Leaves







EXCLUSIVELY IN CINEMAS

IF ANYONE KNOWS ABOUT COMFORT FOOD, IT'S GARFIELD! Our favourite feline movie star is drooling over this delicious recipe, so we know you'll love it too. Get cosy, dig in and enjoy.

Olive Oil, Brown Sugar, White Wine Vinegar

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan · Air Fryer (or large baking dish)

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
carrot	1	2
tomato	1	2
slow-cooked beef brisket	1 medium packet	2 medium packets OR 1 large packet
Tex-Mex spice blend	1 medium sachet	1 large sachet
tomato paste	1 medium packet	1 large packet
salt*	1/4 tsp	½ tsp
water*	⅓ cup	⅔ cup
brown sugar*	1 tsp	2 tsp
mini flour tortillas	6	12
Cheddar cheese	1 medium packet	1 large packet
mixed salad leaves	1 small packet	1 medium packet
white wine vinegar*	drizzle	drizzle
light sour cream	1 medium packet	1 large packet
* D		

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3371kJ (806Cal)	711kJ (170Cal)
Protein (g)	48g	10.1g
Fat, total (g)	40g	8.4g
- saturated (g)	19g	4g
Carbohydrate (g)	61g	12.9g
- sugars (g)	16.5g	3.5g
Sodium (mg)	1842mg	389mg
Dietary Fibre (g)	9.8g	2.1g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Grate carrot.
- · Cut tomato into thin wedges.
- Transfer slow-cooked beef brisket including the liquid to a bowl and shred with 2 forks.

Little cooks: Under adult supervision, older kids can help grate the carrot.



Bake the enchiladas

- Set air fryer to 200°C. Line base of air fryer basket with baking paper. Lay
 mini flour tortillas on a board. Spoon beef mixture down the centre.
- Roll tortillas up tightly and place, seam-side down, in the air fryer basket.
 Spray or brush with olive oil. Sprinkle with Cheddar cheese.
- Cook enchiladas (in batches if necessary) until cheese is melted and golden,
 6-8 minutes.

TIP: Don't have an air fryer? Preheat grill to medium-high. Drizzle a baking dish with olive oil. Prepare enchiladas as above and place, seam-side down, in dish. Sprinkle over cheese and grill until cheese is golden, 8-10 minutes.



Cook the beef filling

- In a large frying pan, heat a drizzle of olive oil over high heat. Cook carrot, stirring, until tender, 2-3 minutes. Add shredded beef and cook, stirring, until heated through and liquid has evaporated, 4-5 minutes.
- Reduce heat to medium then add **Tex-Mex spice blend** and **tomato paste** and cook until fragrant, **1 minute**.
- Stir in the salt, water and brown sugar, until slightly thickened,
 1-2 minutes. Remove from heat.



Toss the salad & serve up

- In a medium bowl, combine tomato, mixed salad leaves and a drizzle of white wine vinegar and olive oil. Season.
- Divide classic Mexican beef brisket enchiladas and tomato salad between plates. Top enchiladas with light sour cream to serve. Enjoy!











