

with Green Veggies & Garlic-Chilli Pangrattato

CLIMATE SUPERSTAR









Green Beans



Baby Spinach

Panko Breadcrumbs





Chilli Flakes (Optional)



**Light Cooking** Cream

Garlic & Herb Seasoning



Cheddar Cheese Parmesan Cheese



Truffle Oil





Prep in: 15-25 mins Ready in: 15-25 mins

Move over, macaroni. Ear-shaped orecchiette is the perfect pasta for cradling tonight's creamy, two-cheese pasta sauce - complete with a drizzle of truffle oil for a mushroomy depth of flavour. Complete the dish with steamed green veggies for some colour, crunch and to cut through the richness.

**Pantry items** Olive Oil, Butter

## Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Large saucepan · Large frying pan

# **Ingredients**

9		
	2 People	4 People
olive oil*	refer to method	refer to method
orecchiette	1 medium packet	2 medium packets
green beans	1 medium packet	2 medium packets
baby spinach leaves	1 small packet	1 medium packet
panko breadcrumbs	½ medium packet	1 medium packet
garlic paste	1 packet	2 packets
chilli flakes ∮ (optional)	pinch	pinch
butter*	30g	40g
light cooking cream	1 medium packet	1 large packet
garlic & herb seasoning	1 medium sachet	1 large sachet
Cheddar cheese	1 medium packet	1 large packet
Parmesan cheese	1 large packet	2 large packets
truffle oil	drizzle	drizzle

#### \*Pantry Items Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3750kJ (896cal)	490kJ (117cal)
Protein (g)	29.5g	3.9g
Fat, total (g)	48.7g	6.4g
- saturated (g)	26.9g	3.5g
Carbohydrate (g)	83.2g	10.9g
- sugars (g)	9.9g	1.3g
Sodium (mg)	960mg	125.4mg
Dietary Fibre (g)	7.6g	1g

The quantities provided above are averages only.

## Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



#### Cook the pasta & veggies

- Boil the kettle.
- · Half-fill a large saucepan with water, add a generous pinch of salt, then bring to the boil over high heat. Cook orecchiette in the boiling water until 'al dente', 8 minutes.
- · Trim green beans, then cut into thirds.
- When pasta has 5 minutes remaining, place a colander (or steamer basket) on top of the saucepan. Add green beans to colander, then cover with a lid and steam until tender, 4-5 minutes.
- Reserve some **pasta water** (1/4 cup for 2 people / 1/2 cup for 4 people). Add baby spinach leaves to colander. Drain pasta over veggies. Set aside.



# Bring it all together

- Return frying pan to medium-low heat with the butter and a drizzle of olive oil. Cook the remaining garlic paste until fragrant, 1 minute. Add light cooking cream, garlic & herb seasoning and reserved pasta water. Cook, stirring, until slightly reduced, 2 minutes.
- Add Cheddar cheese and Parmesan cheese, stirring, until combined, **30 seconds**. Remove from heat. Stir **veggies** and **pasta** through the sauce, until combined. Season to taste.



#### Make the pangrattato

- Meanwhile, in a large frying pan, heat a good drizzle of olive oil over medium-high heat. Cook panko breadcrumbs (see ingredients) and half the garlic paste, stirring, until golden brown, 3-4 minutes.
- Transfer **pangrattato** to a bowl. Add **chilli flakes** (if using!). Season with **salt** and **pepper** to taste.



## Serve up

- Stir a drizzle of truffle oil (if using) through pasta.
- · Divide truffle 'mac' and cheese between bowls.
- Top with the garlic-chilli pangrattato. Garnish with an extra pinch of chilli flakes to serve. Enjoy!

TIP: Truffle oil has a strong flavour, so add less or leave it out if desired!





