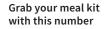
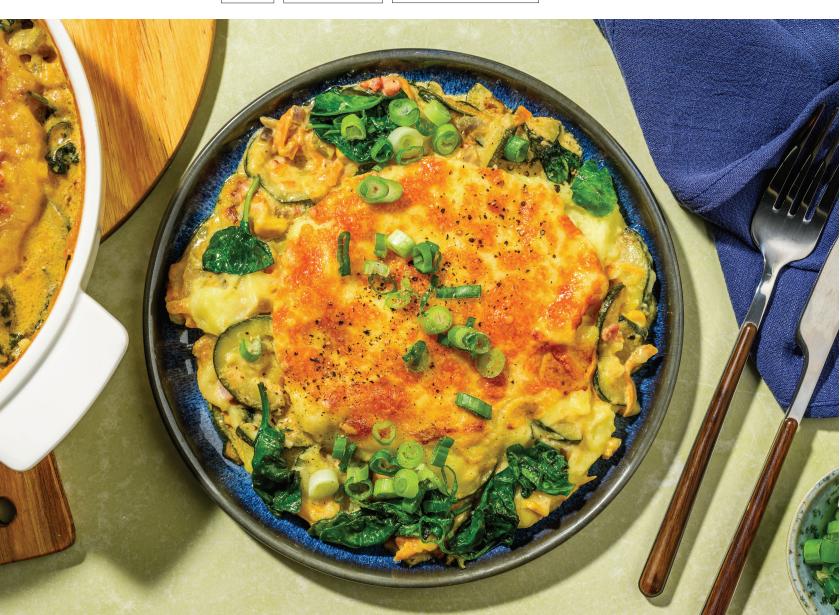


# Creamy Bacon & Loaded Veggie Pie with Cheesy Potato Topping

NEW KID FRIENDLY CLIMATE SUPERSTAR















**Spring Onion** 





Red Onion



Carrot



Sweetcorn





Nan's Special



Seasoning



**Baby Spinach** Leaves



Cheddar Cheese





**Pantry items** Olive Oil, Butter, Milk

## Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium saucepan with a lid  $\cdot$  Large frying pan  $\cdot$  Medium or large baking dish

# Ingredients

<b>-</b>		
	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
butter*	40g	80g
milk*	2 tbs	1/4 cup
celery	1 medium packet	1 large packet
spring onion	1 stem	2 stems
zucchini	1	2
red onion	1	2
carrot	1	2
sweetcorn	1 medium tin	1 large tin
diced bacon	1 medium packet	1 large packet
Nan's special seasoning	1 medium sachet	1 large sachet
light cooking cream	1 medium packet	1 large packet
salt*	1/4 tsp	½ tsp
water*	1/4 cup	½ cup
baby spinach leaves	1 small packet	1 medium packet
Cheddar cheese	1 medium packet	1 large packet
*Pantry Items		

#### **Nutrition**

Avg Qty	Per Serving	Per 100g	
Energy (kJ)	2870kJ (686cal)	236kJ (56cal)	
Protein (g)	24.1g	2g	
Fat, total (g)	44.7g	3.7g	
- saturated (g)	25.6g	2.1g	
Carbohydrate (g)	44.9g	3.7g	
- sugars (g)	21.9g	1.8g	
Sodium (mg)	1558mg	127.9mg	
Dietary Fibre (g)	10.8g	0.9g	

The quantities provided above are averages only.

## **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



#### Make the mash

- Boil the kettle. Half-fill a medium saucepan with boiling water, then add a generous pinch of salt.
- Peel potato and cut into large chunks.
- Cook potato in the boiling water, over high heat, until easily pierced with a fork, 12-15 minutes.
   Drain and return to the pan.
- Add the butter and milk to potato and season with salt. Mash until smooth. Cover to keep warm.

**TIP:** Save time and get more fibre by leaving the potato unpeeled.



# Get prepped

- · Meanwhile, preheat grill to high.
- Thinly slice celery and spring onion.
- Thinly slice **zucchini** into half-moons.
- Finely chop red onion.
- Grate carrot.
- · Drain sweetcorn.



# Start the filling

- In a large frying pan, heat a drizzle of olive oil over high heat. Add diced bacon, corn, celery, onion and zucchini and cook, tossing, until tender, 3-4 minutes.
- Add carrot and cook, stirring, until softened,
  2-3 minutes.
- Reduce heat to medium, then add Nan's special seasoning and cook until fragrant, 1 minute.



# Finish the filling

- To pan with bacon, stir in light cooking cream, the salt and water.
- Simmer until slightly reduced, 2-3 minutes.
  Season with pepper.
- Remove from the heat and stir in baby spinach leaves, until wilted.



## Bake the pie

- Transfer bacon filling to a baking dish and evenly spread mash potato over the top.
- Sprinkle over Cheddar cheese.
- Grill pie until lightly golden, 8-10 minutes.

TIP: Grills cook fast, so keep an eye on the pie!



## Serve up

- Divide creamy bacon and loaded veggie pie between plates.
- · Sprinkle over spring onion to serve. Enjoy!









Follow method above, cooking in batches if necessary.

If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

