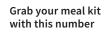


Classic Beef & Gherkin Relish Burger

with Mustard Mayo & Buttery Corn Cob

NEW

KID FRIENDLY













Fine Breadcrumbs





Bake-At-Home



Burger Buns



Mayonnaise



Dijon Mustard



Leaves



Gherkin Relish







Chow down on this finger-licking burger packed with a herby meat patty, vibrant veg, slathering of mayo and mustard, plus the refreshing tang and sweetness of gherkin relish. Instead of fries, why not pair this burger with a juicy, buttery corn cob for a moreish meal you'll be devouring in no time?!

Pantry items Olive Oil, Butter, Egg

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
corn	1 cob	2 cobs
butter*	15g	30g
beef mince	1 medium packet	2 medium packets OR 1 large packet
fine breadcrumbs	1 medium packet	1 large packet
Aussie spice blend	1 medium sachet	1 large sachet
egg*	1	2
bake-at-home burger buns	2	4
tomato	1	2
mayonnaise	1 medium packet	1 large packet
Dijon mustard	1 packet	2 packets
mixed salad leaves	1 small packet	1 medium packet
gherkin relish	1 packet	2 packets
*Pantry Items		

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3997kJ (955cal)	388kJ (93cal)
Protein (g)	48.1g	4.7g
Fat, total (g)	46.1g	4.5g
- saturated (g)	15.6g	1.5g
Carbohydrate (g)	83.2g	8.1g
- sugars (g)	20.2g	2g
Sodium (mg)	1343mg	130.4mg
Dietary Fibre (g)	13g	1.3g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Steam the corn

- Cut corn cob in half.
- Transfer corn to a large microwave-safe plate. Cover with a damp paper towel. Microwave corn on high, until tender, 4-5 minutes.
- Drain any excess liquid. Season with salt and pepper.
- Top corn with the **butter** and cover to keep warm.



Cook the beef patties

- Meanwhile, in a medium bowl, combine beef mince, fine breadcrumbs,
 Aussie spice blend, the egg and a pinch of salt.
- Shape **beef mixture** into 2cm-thick patties (1 per person).
- In a large frying pan, heat a drizzle of olive oil over medium-high heat. Cook beef patties until just cooked through, 4-5 minutes each side (cook in batches if your pan is getting crowded).



Heat the burger buns

- While patties are cooking, halve bake-at-home burger buns and toast or grill to your liking.
- Thinly slice tomato into rounds.



Serve up

- Spread burger bun bases with mayonnaise and Dijon mustard.
- Top buns with **mixed salad leaves**, tomato rounds, beef patties and **gherkin relish**.
- Divide between plates and serve with steamed corn. Enjoy!









