

Smokey Beef & Caramelised Onion Pie with Cheesy Potato Topping & Tomato Salad

NEW **KID FRIENDLY**



Prep in: 20-30 mins Ready in: 40-50 mins

Protein Rich

We've brought all the mashed potato goodness and some tomatoey and All-American beef together, to make the pie of a lifetime! After this one comes out of the oven all golden and crispy, all you need is a knife and fork to dig in!

Pantry items Olive Oil, Butter, Milk, Balsamic Vinegar, Brown Sugar, White Wine Vinegar



Aussie Spice

Blend

Carrot



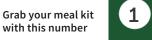


Mixed Salad

Leaves







Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

 ${\sf Medium\ saucepan \cdot Large\ frying\ pan \cdot Medium\ baking\ dish}$

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
butter*	40g	80g
Aussie spice blend	1 medium sachet	1 large sachet
milk*	2 tbs	¼ cup
brown onion	1	2
carrot	1	2
balsamic vinegar*	1 tbs	2 tbs
brown sugar*	1 tsp	½ tbs
beef mince	1 medium packet	2 medium packets OR 1 large packet
All-American spice blend	1 medium sachet	1 large sachet
tomato paste	1 medium packet	2 medium packets
water*	½ cup	1 cup
salt*	1⁄4 tsp	½ tsp
Cheddar cheese	1 medium packet	1 large packet
tomato	1	2
white wine vinegar*	drizzle	drizzle
mixed salad leaves	1 medium packet	1 large packet

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2944kJ (704cal)	272kJ (65cal)
Protein (g)	42.1g	3.9g
Fat, total (g)	37.5g	3.5g
- saturated (g)	21g	1.9g
Carbohydrate (g)	48.1g	4.4g
- sugars (g)	25g	2.3g
Sodium (mg)	1608mg	148.8mg
Dietary Fibre (g)	11.3g	1g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute

ingredient, please be aware allergens may have changed.

We're here to help! Scan here if you have any questions or concerns 2024 | CW39



Get prepped

- Bring a medium saucepan of salted water to the boil. Peel **potato** and cut into bite-sized chunks.
- Cook potato in the boiling water until easily pierced with a fork, 12-15 minutes. Drain and return potato to the pan. Add the butter, Aussie spice blend and milk, then mash until smooth.

TIP: Save time and get more fibre by leaving the potato unpeeled!



Caramelise the onion

- While the potato is cooking, thinly slice **brown onion**. Grate **carrot**.
- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook **onion**, stirring, until softened, **5-6 minutes**.
- Reduce heat to medium. Add the balsamic vinegar, brown sugar and a splash of water and mix well. Cook until dark and sticky, 3-5 minutes. Transfer to a bowl.



Cook the filling

- Wipe out frying pan and return to medium-high heat with a drizzle of **olive oil**.
- Cook beef mince and carrot, breaking the mince up with a spoon, until just browned, 4-5 minutes.
- Add All-American spice blend and tomato paste and cook, stirring, until fragrant,
 1-2 minutes. Add the water and salt and cook until slightly thickened, 1-2 minutes. Stir through caramelised onion.

Assemble the pie

CUSTOM

OPTIONS

- Preheat grill to medium-high. Transfer
 beef filling to a baking dish and evenly spread with the mash.
- Sprinkle over Cheddar cheese.
- Grill **pie**, until lightly golden, **5-8 minutes**.



Toss the salad

- While the pie is grilling, roughly chop **tomato**.
- In a medium bowl, combine a drizzle of the white wine vinegar and olive oil, then season with salt and pepper.
- Add **mixed salad leaves** and **tomato**. Toss to coat.



Serve up

- Divide smokey beef and caramelised onion pie between plates.
- Serve with tomato salad. Enjoy!

ADD DICED BACON

Cook with filling, breaking up with a spoon, until browned, 4-5 minutes. Continue with recipe.

If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.



DOUBLE BEEF MINCE Follow method above, cooking in batches if necessary.

batches Cook with filli