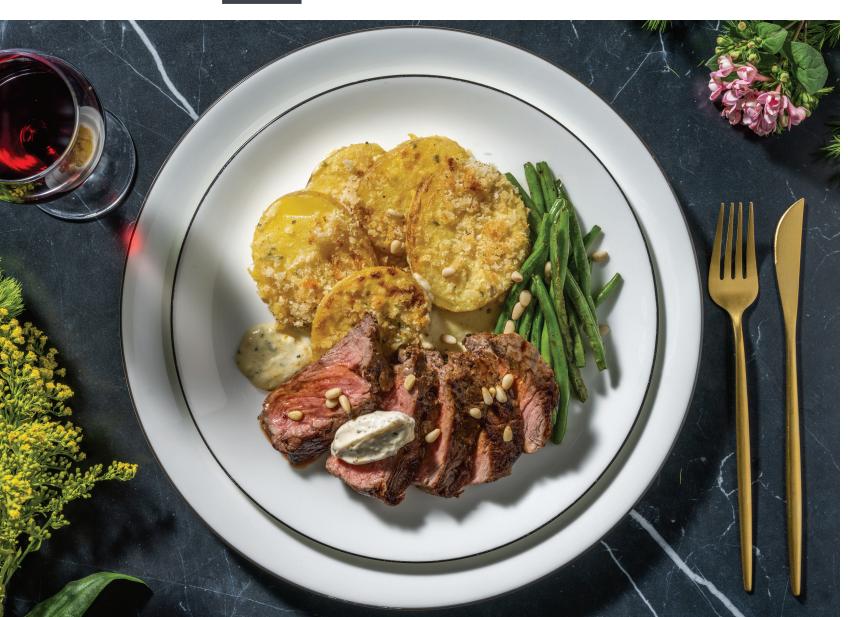


# Roast Sirloin Tip & Potato-Rosemary Gratin with Green Beans & Truffle Mayo

GOURMET

Grab your meal kit with this number









Potato

Premium Sirloin



Rosemary









Green Beans

Panko Breadcrumbs





Italian Truffle

Mayonnaise

Parmesan Cheese

Pine Nuts

Prep in: 30-40 mins Ready in: 40-50 mins



Protein Rich

Prepare for something a little extraordinary tonight. The secret is our premium sirloin tip - seared, then roasted until perfectly tender, it pairs perfectly with our rich truffle mayo and a fresh rosemary-laced potato gratin...all worthy of being served with a good glass of red.

**Pantry items** 

Olive Oil, Butter, Plain Flour, Milk

# Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Small or medium baking dish · Large frying pan

# **Ingredients**

	0 D	4.5
	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
premium sirloin tip	1 medium packet	2 medium packets OR 1 large packet
rosemary	1 stick	2 sticks
garlic	1 clove	2 cloves
green beans	1 medium packet	2 medium packets
panko breadcrumbs	½ medium packet	1 medium packet
butter*	20g	40g
plain flour*	1 tbs	2 tbs
milk*	¾ cup	1½ cups
salt*	1/4 tsp	½ tsp
Parmesan cheese	1 medium packet	1 large packet
Italian truffle mayonnaise	1 packet	2 packets
pine nuts	1 medium packet	1 large packet
*Pantry Items		

## **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2978kJ (712cal)	322kJ (77cal)
Protein (g)	50.5g	5.5g
Fat, total (g)	36.8g	4g
- saturated (g)	12g	1.3g
Carbohydrate (g)	43.9g	4.7g
- sugars (g)	12.7g	1.4g
Sodium (mg)	683mg	73.8mg
Dietary Fibre (g)	7.9g	0.9g

The quantities provided above are averages only

### **Allergens**

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

# Fancy a drop?

We recommend pairing this meal with Merlot or Zinfandel.



# Roast the potato

- Preheat oven to 220°C/200°C fan-forced.
- · Cut potato into 0.5cm-thick rounds.
- Place potatoes in a baking dish. Drizzle with olive oil and season with salt and pepper.
- · Toss to coat, then roast until just tender, 15-20 minutes (the potato will finish cooking in step 4!).



#### Roast the sirloin

- · Meanwhile, in a large frying pan, heat a drizzle of olive oil over high heat. Season premium sirloin tip all over, then add to the hot pan. Sear until browned, 1 minute on all sides.
- Transfer **beef** to a lined oven tray. Roast for 17-20 minutes for medium or until cooked to your liking.
- Remove from oven and cover with foil to rest for 10 minutes (it will keep cooking as it rests!).



# Get prepped

- Meanwhile, pick rosemary leaves, then finely chop.
- · Finely chop garlic.
- · Trim green beans.
- In a medium bowl, combine panko breadcrumbs (see ingredients) with a good drizzle of olive oil. Season with pepper, then set aside.

TIP: Run your fingers down the rosemary stalk to remove the leaves easily.



# Make the gratin

- · Wipe out frying pan and return to medium heat. Cook the butter, rosemary and garlic until fragrant, 1 minute.
- Add the plain flour and cook, stirring, until a thick paste forms, 2 minutes.
- · Remove pan from heat, then slowly whisk in the milk until smooth. Stir in the salt, Parmesan cheese and a pinch of pepper.
- Pour sauce over potato in baking dish. Sprinkle with breadcrumb mixture and drizzle with olive oil.
- · Bake gratin until golden and bubbling, 10-15 minutes.



# Cook the green beans

- · When gratin has 5 minutes remaining, wipe out frying pan and return to medium-high heat with a drizzle of olive oil.
- · Cook green beans, tossing, until just tender, 5-6 minutes.
- · Season with salt and pepper.



# Serve up

- Very thinly slice roast sirloin tip.
- Divide sirloin, potato-rosemary gratin and green beans between plates.
- · Spoon any resting juices over the sirloin.
- · Dollop with Italian truffle mayonnaise and garnish with pine nuts to serve. Enjoy!



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