

# Cheesy Beef Tortilla Tower with Corn Salsa & Yoghurt

NEW

**KID'S KITCHEN** 

Grab your meal kit with this number



Brown Onion

Sweetcorn

All-American

Spice Blend

Mini Flour

Tortillas



**Pantry items** Olive Oil, White Wine Vinegar

Prep in: 25-35 mins Ready in: 35-45 mins

It's all hands on deck, this recipe is designed to be cooked by grown-ups and kids together! Stack up high a deliciously cheesy and tasty beef concoction that requires some help from our mini chefs. This tortilla tower goldens up in the oven while you and your helpers whip up a speedy salsa. Dig in!







# Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

# You will need

Large frying pan  $\cdot$  Oven tray lined with baking paper

#### Ingredients

		10 1
	2 People	4 People
olive oil*	refer to method	refer to method
tomato	1	2
brown onion	1	2
carrot	1	2
sweetcorn	1 medium tin	1 large tin
beef mince	1 medium packet	2 medium packets OR 1 large packet
All-American spice blend	1 medium sachet	1 large sachet
tomato paste	1 medium packet	1 large packet
salt*	1⁄4 tsp	½ tsp
water*	1⁄2 cup	1 cup
mini flour tortillas	6	12
Cheddar cheese	1 large packet	2 large packets
white wine vinegar*	drizzle	drizzle
Greek-style yoghurt	1 medium packet	1 large packet
*Pantry Items		

#### Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3380kJ (808cal)	306kJ (73cal)
Protein (g)	44.6g	4g
Fat, total (g)	35.3g	3.2g
- saturated (g)	14.2g	1.3g
Carbohydrate (g)	72.3g	6.6g
- sugars (g)	25g	2.3g
Sodium (mg)	1510mg	136.9mg
Dietary Fibre (g)	11.4g	1g

The quantities provided above are averages only.

#### Allergens

Always read product labels for the most up-to-date allergen information. Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.





#### Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- Finely chop **tomato** and **brown onion**.
- Grate carrot.
- Drain sweetcorn.

**Little cooks:** Don your goggles and have a go at peeling off the onion's outer layer!



# Cook the filling

- Heat a large frying pan over high heat.
- Cook beef mince (no need for oil!), carrot and onion, breaking up with a spoon, until just browned, 3-4 minutes.



# Make it saucy

- Reduce heat to medium-high, add All-American spice blend and tomato paste, then cook until fragrant, 1 minute.
- Stir in the **salt** and **water**, then simmer until slightly thickened, **1-2 minutes**.
- Season with salt and pepper. Divide mixture into equal portions (5 portions for 2 people / 10 portions for 4 people).

#### Bake the tortilla tower

- Place one mini flour tortilla on a lined oven tray. Top with one portion of the beef mixture and spread in an even layer. Sprinkle with some Cheddar cheese (save some for the top!), then top with another tortilla. Add the next portion of beef mixture on top, then sprinkle with cheese followed by another tortilla. Repeat until all tortillas and beef mixture has been used up.
- Sprinkle remaining Cheddar cheese over the top. Bake until cheese is melted and golden, 10-12 minutes.

**TIP:** If you're cooking for 4 people, build two stacks. **Little cooks:** Join the fun by helping stack the tower!



# Make the salsa

- Meanwhile, wash out frying pan and return to high heat.
- Cook corn, tossing, until lightly browned,
  4-5 minutes. Transfer to a medium bowl.
- Add **tomato** and a drizzle of **white wine vinegar** and **olive oil**. Season with **salt** and **pepper**.

**TIP:** Cover the pan with a lid if the kernels are "popping" out. **Little cooks:** Take the lead by tossing the salsa!



# Serve up

- Using a bread knife, cut cheesy beef tortilla tower into wedges (like a cake!) and divide between plates.
- Top with Greek-style yoghurt.
- Serve with corn salsa. Enjoy!

**Little cooks:** Add the finishing touch by dolloping over the yoghurt!

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If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.



CUSTOM OPTIONS Shred with 2 fo above. Continu

SWAP TO SLOW-COOKED BEEF BRISKET Shred with 2 forks. Cook with carrot and onion as above. Continue with recipe.

d onion as **DOUBLE GREEK-STYLE YOGHURT**