

Seared Chicken & Creamy Slaw Burger

with Potato Rounds & Garlic Gravy

TAKEAWAY FAVES

KID FRIENDLY



Grab your meal kit with this number











Chicken Breast

Savoury Seasoning







Bake-At-Home **Burger Buns**

Gravy Granules



Garlic Paste







Prep in: 25-35 mins Ready in: 30-40 mins



This chicken number with slaw and crispy potato rounds are sure to bring all to the table. We meant serious business plating up something as tasty as this and the garlicky gravy is proof of the magic that was made in the HelloFresh kitchen when this meal came to life.

Pantry items

Olive Oil, White Wine Vinegar

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Oven tray lined with baking paper · Large frying pan

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
spring onion	1 stem	2 stems
chicken breast	1 medium packet	2 medium packets OR 1 large packet
savoury seasoning	1 sachet	2 sachets
slaw mix	1 small packet	1 large packet
garlic aioli	1 medium packet	1 large packet
white wine vinegar*	drizzle	drizzle
bake-at-home burger buns	2	4
gravy granules	1 medium sachet	1 large sachet
garlic paste	1 packet	2 packets
boiling water*	½ cup	1 cup
+		

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3271kJ (782cal)	329kJ (79cal)
Protein (g)	51.8g	5.2g
Fat, total (g)	26.5g	2.7g
- saturated (g)	5g	0.5g
Carbohydrate (g)	78.4g	7.9g
- sugars (g)	13.6g	1.4g
Sodium (mg)	1262mg	127.1mg
Dietary Fibre (g)	11.1g	1.1g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Roast the potato

- Preheat oven to 220°C/200°C fan-forced.
- Cut **potato** into 0.5cm-thick rounds.
- Place potato on a lined oven tray with a drizzle of olive oil and season with salt and pepper.
- Toss to coat and roast until golden,
 20-25 minutes.



Get prepped

- Meanwhile, thinly slice spring onion.
- Place your hand flat on top of each chicken breast and slice through horizontally to make two thin steaks.
- In a medium bowl, combine chicken, savoury seasoning, a pinch of salt and a drizzle of olive oil. Turn chicken to coat.



Make the slaw

 In a second medium bowl, combine slaw mix, garlic aioli, spring onion and a drizzle of the white wine vinegar. Season to taste with salt and pepper.

Little cooks: Take the lead by tossing the slaw!



Cook the chicken

- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat.
- Cook **chicken**, in batches, until golden and cooked through, **3-6 minutes** each side.

TIP: Chicken is cooked through when it's no longer pink inside.



Make the gravy

- Meanwhile, boil the kettle.
- Halve bake-at-home burger buns and bake directly on a wire oven rack until heated through,
 2-3 minutes
- In a medium bowl, combine gravy granules, garlic paste and the boiling water (½ cup for 2 people / 1 cup for 4 people), whisking, until smooth. 1 minute.



Serve up

- Top each bun with some potato rounds, seared chicken and creamy slaw.
- · Plate up remaining potato rounds and slaw.
- Drizzle garlic gravy over potatoes to serve. Enjoy!



If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

