

Mushroom & Bacon Spaghetti with Truffle Oil & Rocket-Apple Salad

TAKEAWAY FAVES

HELLOHERO







Spaghetti



Brown Onion



Diced Bacon







Sliced Mushrooms







Chicken Stock Pot

Spinach & Rocket



Truffle Oil







Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large saucepan · Large frying pan

Ingredients

| | 2 People | 4 People |
|-------------------------|-----------------|------------------|
| olive oil* | refer to method | refer to method |
| spaghetti | 1 medium packet | 2 medium packets |
| apple | 1 | 2 |
| brown onion | 1/2 | 1 |
| butter* | 20g | 40g |
| diced bacon | 1 medium packet | 1 large packet |
| sliced mushrooms | 1 medium packet | 1 large packet |
| thickened cream | 1 medium packet | 2 medium packets |
| chicken stock pot | ½ packet | 1 packet |
| balsamic vinegar* | 1½ tsp | 3 tsp |
| honey* | ½ tsp | 1 tsp |
| spinach & rocket mix | ½ medium packet | 1 medium packet |
| truffle oil | drizzle | drizzle |
| *Pantry Items | | |

Nutrition

| Avg Qty | Per Serving | Per 100g |
|-------------------|-----------------|---------------|
| Energy (kJ) | 3611kJ (863cal) | 375kJ (90cal) |
| Protein (g) | 23g | 2.4g |
| Fat, total (g) | 46.5g | 4.8g |
| - saturated (g) | 18.6g | 1.9g |
| Carbohydrate (g) | 84.6g | 8.8g |
| - sugars (g) | 22.5g | 2.3g |
| Sodium (mg) | 1005mg | 104.5mg |
| Dietary Fibre (g) | 9.2g | 1g |

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the pasta

- Half-fill a large saucepan with water, add a generous pinch of **salt**, then bring to the boil over high heat.
- Cook spaghetti in boiling water until 'al dente', 10 minutes.
- While the pasta is cooking, thinly slice **apple**. Finely chop **brown onion**.
- Reserve some pasta water. Drain then return the pasta to the saucepan.
 Drizzle with olive oil to prevent sticking.

TIP: 'Al dente' means the pasta is cooked through but still has a bit of firmness in the middle.



Toss the salad

- In a medium bowl, combine the **balsamic vinegar**, **honey** and **olive oil** (2 tsp for 2 people / 1 tbs for 4 people). Season to taste and mix well.
- Just before serving, add apple and spinach & rocket mix (see ingredients)
 and toss to coat.



Make the sauce

- While the pasta is cooking, in a large frying pan, heat the butter and a drizzle
 of olive oil over high heat. Add diced bacon, onion and sliced mushrooms
 and cook, stirring occasionally, until well browned, 5-6 minutes.
- Reduce frying pan heat to low and add thickened cream and chicken stock pot (see ingredients), stir to combine. Simmer until thickened. 2-3 minutes.
- Add cooked spaghetti and a splash of the reserved pasta water to the pan, toss to combine. Remove pan from heat and add splash more cooking water if needed. Season to taste with salt and pepper.



Serve up

- · Divide the mushroom and bacon spaghetti between bowls.
- · Drizzle pasta with some truffle oil.
- Serve with the rocket and apple salad. Enjoy!

TIP: Truffle has a strong flavour, if you're not a fan, serve the pasta without it.



if necessary.

