

# Smokey Beef Brisket & Bacon Subs with Sweet Potato Fries & Creamy Slaw





HALLOWEEN SPECIAL **KID FRIENDLY** 



Prep in: 25-35 mins Ready in: 40-50 mins

Watch out, this beef brisket and bacon sub is ghoulishly good. Nobody will be ding-dong-ditching the delicious sweet potato fries or the creamy apple slaw and you heard it here first, this sub is so delicious, it's scary.

**Pantry items** Olive Oil, White Wine Vinegar



Diced Bacon



Dill & Parsley Mayonnaise

# Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

### You will need

Medium or large baking dish  $\cdot$  Oven tray lined with baking paper  $\cdot$  Large frying pan

# Ingredients

| <u> </u>                     |                 |                                       |
|------------------------------|-----------------|---------------------------------------|
|                              | 2 People        | 4 People                              |
| olive oil*                   | refer to method | refer to method                       |
| brown onion                  | 1               | 2                                     |
| sweet & savoury<br>glaze     | 1 medium packet | 1 large packet                        |
| slow-cooked beef<br>brisket  | 1 medium packet | 2 medium packets<br>OR 1 large packet |
| sweet potato                 | 2               | 4                                     |
| garlic & herb<br>seasoning   | 1 medium sachet | 1 large sachet                        |
| diced bacon                  | 1 medium packet | 1 large packet                        |
| apple                        | 1               | 2                                     |
| hot dog bun                  | 2               | 4                                     |
| slaw mix                     | 1 small packet  | 1 large packet                        |
| dill & parsley<br>mayonnaise | 1 medium packet | 1 large packet                        |
| white wine<br>vinegar*       | drizzle         | drizzle                               |
| Cheddar cheese               | 1 medium packet | 1 large packet                        |
| * Dantry Itoms               |                 |                                       |

### \*Pantry Items

# Nutrition

| Avg Qty           | Per Serving      | Per 100g       |
|-------------------|------------------|----------------|
| Energy (kJ)       | 4961kJ (1185Cal) | 615kJ (146Cal) |
| Protein (g)       | 59.4g            | 7.4g           |
| Fat, total (g)    | 59g              | 7.3g           |
| - saturated (g)   | 22.1g            | 2.7g           |
| Carbohydrate (g)  | 100.8g           | 12.5g          |
| - sugars (g)      | 41.1g            | 5.1g           |
| Sodium (mg)       | 2265mg           | 281mg          |
| Dietary Fibre (g) | 17.5g            | 2.2g           |

The quantities provided above are averages only.

# Allergens

Always read product labels for the most up-to-date allergen information.

Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.





# Roast the beef brisket

- Preheat oven to 240°C/220°C fan-forced.
- Thinly slice **brown onion**.
- In a medium baking dish, combine sweet & savoury glaze and onion.
- Add **slow-cooked beef brisket** and pour **liquid** from packaging over beef. Turn **beef** to coat.
- Cover with foil and roast for **15 minutes**.
- Remove from oven. Uncover, then turn over **beef**. Roast, uncovered, until browned and heated through, **8-10 minutes**.



# Bake the sweet potato fries

- Meanwhile, cut sweet potato into fries.
- Place fries on a lined oven tray. Drizzle with olive oil, sprinkle over garlic & herb seasoning and toss to coat.
- Bake until tender, **20-25 minutes**.

**TIP:** If your oven tray is getting crowded, divide the fries between two trays.



# Cook the bacon

- When brisket has **10 minutes** remaining, thinly slice **apple**.
- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat.
- Cook **diced bacon**, breaking up with a spoon, until golden, **4-6 minutes**.



# Bake the hot dog buns

- While bacon is cooking, slice **hot dog buns** in half lengthways, ¾ of the way through.
- Place **buns** directly on a wire oven rack and bake, until heated through, **3 minutes**.



# Assemble the slaw

 In a large bowl, combine slaw mix, apple, dill & parsley mayonnaise and a drizzle of the white wine vinegar and olive oil. Season to taste.

Little cooks: Take the lead by tossing the slaw!



# Serve up

- Shred beef brisket directly in baking dish using two forks.
- Fill hot dog buns with smokey beef brisket and onion. Spoon over sauce from baking dish.
- Sprinkle over **Cheddar cheese** and bacon.
- Serve with sweet potato fries and creamy slaw. Enjoy!

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HALLOWEEN SPECIAL

# Deathly Double Chocolate Chip Brownies with Peanut Butter & Oozy Berry Compote

Grab your meal kit with this number





Chocolate Brownie Wh

White Chocolate Chips



Mix



Peanut Butter

Mixed Berry Compote



**KID FRIENDLY** 

Prep in: 20-30 mins Ready in: 50-60 mins

Those who dare to brave these deathly double chocolate brownies will soon find out that we meant business when creating something so scrumptious that it's frightening. Dripping with an oozy berry compote, only the boldest of chefs will be able to dish these up without having eaten a single crumb in the process!

Pantry items Butter, Eggs

# Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, double your quantities and cook in two batches!

### You will need

20cm square baking tin  $\cdot$  Small saucepan

# Ingredients

|                       | 4 People |
|-----------------------|----------|
| butter*               | 150g     |
| eggs*                 | 3        |
| chocolate brownie mix | 1 packet |
| white chocolate chips | 1 packet |
| peanut butter         | 1 packet |
| mixed berry compote   | 1 sachet |

### \*Pantry Items

### **Nutrition**

| Avg Qty           | Per Serving*    | Per 100g        |
|-------------------|-----------------|-----------------|
| Energy (kJ)       | 1794kJ (428Cal) | 1664kJ (397Cal) |
| Protein (g)       | 6.7g            | 6.2g            |
| Fat, total (g)    | 23.8g           | 22.1g           |
| - saturated (g)   | 13.6g           | 12.6g           |
| Carbohydrate (g)  | 46.9g           | 43.5g           |
| - sugars (g)      | 39.6g           | 36.7g           |
| Sodium (mg)       | 169mg           | 157mg           |
| Dietary Fibre (g) | 2g              | 1.9g            |

The quantities provided above are averages only. *\*Nutritional information is based on 4 servings.* 

## Allergens

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### Get prepped

- Preheat oven to 180°C/160°C fan-forced.
- Grease and line a 20cm square baking tin.
- Melt the **butter** in the microwave or in a small saucepan.



## Make the batter

- Crack the **eggs** into a large bowl.
- Add **chocolate brownie mix**, **white chocolate chips**, the **melted butter** and a pinch of **salt**. Stir with a wooden spoon until well combined.
- Transfer **brownie mixture** to the baking tin and spread with the back of a wooden spoon. Dollop over **peanut butter**.
- Using a knife or fork, swirl **peanut butter** into the brownie mixture to create a marble effect.



# Bake the brownies

• Bake **brownies** for **25-35 minutes** or until just firm to the touch but still a little soft in the middle. Set aside to cool.

**TIP:** To check if the brownies are done, stick a toothpick or skewer in the centre. It should come out with crumbs clinging. If you like your brownie more cakey and less fudgey, bake for an extra 5 minutes.

**TIP:** The brownies will firm up more once they've cooled. Allow to cool completely in the baking tin.



### Serve up

- Once brownies have cooled, slice brownies into squares.
- Drizzle over **mixed berry compote** and divide between plates to serve. Enjoy!

**TIP:** Store any leftover brownies in an airtight container in fridge!

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