

Mushroom & Bacon Spaghetti with Truffle Oil & Rocket-Apple Salad

TAKEAWAY FAVES

HELLOHERO







Spaghetti



Brown Onion



Diced Bacon





Sliced Mushrooms



Chicken Stock



Spinach & Rocket



Truffle Oil









Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large saucepan · Large frying pan

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
spaghetti	¾ packet	1½ packets
apple	1	2
brown onion	1/2	1
butter*	20g	40g
diced bacon	1 medium packet	1 large packet
sliced mushrooms	1 medium packet	1 large packet
thickened cream	1 packet	2 packets
chicken stock pot	½ packet	1 packet
balsamic vinegar*	1½ tsp	3 tsp
honey*	½ tsp	1 tsp
spinach & rocket mix	½ medium packet	1 medium packet
truffle oil	drizzle	drizzle
*Pantry Items		

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3594kJ (859cal)	374kJ (89cal)
Protein (g)	23g	2.4g
Fat, total (g)	46.5g	4.8g
- saturated (g)	18.6g	1.9g
Carbohydrate (g)	83.6g	8.7g
- sugars (g)	21.6g	2.2g
Sodium (mg)	1005mg	104.5mg
Dietary Fibre (g)	9g	0.9g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the pasta

- Half-fill a large saucepan with water, add a generous pinch of **salt**, then bring to the boil over high heat.
- Cook spaghetti (see ingredients) in the boiling water until 'al dente',
 10 minutes.
- While the pasta is cooking, thinly slice apple. Finely chop brown onion (see ingredients).
- Reserve some pasta water. Drain, then return pasta to the saucepan. Drizzle
 with olive oil to prevent sticking.

TIP: Al dente' pasta is cooked through but still slightly firm in the centre.



Toss the salad

- In a medium bowl, combine the **balsamic vinegar**, **honey** and **olive oil** (2 tsp for 2 people / 1 tbs for 4 people). Season to taste and mix well.
- Just before serving, add apple and spinach & rocket mix (see ingredients)
 and toss to coat.



Make the sauce

- While the pasta is cooking, in a large frying pan, heat the **butter** and a drizzle of **olive oil** over high heat. Add **diced bacon**, **onion** and **sliced mushrooms** and cook, stirring occasionally, until well browned, **5-6 minutes**.
- Reduce frying pan heat to low, then add thickened cream and chicken stock pot (see ingredients), stir to combine. Simmer until thickened, 2-3 minutes.
- Add cooked spaghetti and a splash of the reserved pasta water to the pan and toss to combine. Remove pan from heat, then add a splash more cooking water if needed. Season to taste with salt and pepper.



Serve up

- Divide mushroom and bacon spaghetti between bowls.
- Drizzle pasta with some truffle oil.
- Serve with the rocket-apple salad. Enjoy!

TIP: Truffle has a strong flavour, if you're not a fan, serve the pasta without it.



