

## **Bacon & Mushroom Gnocchi with Parmesan Cheese**

The Italian painters of the Renaissance relied on light and shadow, and perspective to compose their masterpieces. We've taken a leaf out of their book for this one: a base of delectable gnocchi with silky mushrooms, crispy bacon and Parmesan cheese. Masterful!







**Pantry Items** 

Water



Middle Bacon

Red Onion

Mushrooms









Chicken Stock

Parmesan Cheese

Baby Spinach

2P	4P	Ingredients		🕀 Ingredient	featur	es
<sup>3</sup> ⁄4 packet	1 ½ packets	gnocchi		in another	recipe	
1 tbs	2 tbs	olive oil *				
1 packet	2 packets	middle bacon, rind removed & finely chopped		* Pantry Iter	ns	
1/2	1	red onion, finely sliced		-		
1 punnet	2 punnets	mushrooms, finely sliced		Pre-preparation		
1 clove	2 cloves	garlic, peeled & finely grated				
1 cube	2 cubes	chicken stock, crumbled		Nutrition per serve		
1⁄4 cup	½ cup	water *		Energy	2370	Kj
2 tbs	4 tbs	plain flour *		Protein	26.7	g
1⁄2 bunch	1 bunch	parsley, finely chopped	<b>Ø</b> 🕀	Fat, total	25.9	g
1⁄2 block	1 block	Parmesan cheese, finely grated		-saturated	9.6	g
1 bag	2 bags	baby spinach leaves, washed	$\oplus$	Carbohydrate	53.1	g
				-sugars	3.7	g
				Sodium	817	mg



**You will need:** You will need: chef's knife, chopping board, fine grater, large pot, colander, tea towel, medium frying pan, plate and wooden spoon.

**1** Bring a large pot of water to the boil. Add the **gnocchi**, stir once to stop it from sticking together, and cook until the first gnocchi rises to the surface (approximately **2-3 minutes**). Pour into a colander, rinse lightly with cold water and drain really well. Lay on a flat tea towel to absorb any remaining water.

**Tip:** Check you are using the correct amount of gnocchi. Using more will alter the flavour of your dish.

**2** Heat half of the **olive oil** in a medium frying pan over a medium-high heat. Add the gnocchi and fry for **3-4 minutes**, or until they are golden brown. Remove and set aside on a plate.



4

**3** Add the remaining olive oil to the same pan with the **middle bacon, red onion** and **mushrooms**. Cook for **5 minutes**, or until the mushrooms are soft and the bacon has browned. Add the **garlic** and cook for **1 minute**, or until fragrant. Add the **chicken stock**, **water** and **plain flour**, whisk till combined and smooth. Cook for a further **3 minutes** so the sauce slightly thickens.

**4** Return the gnocchi to the pan with half of the **parsley**, half the finely grated **Parmesan cheese**, and the baby spinach. Cook, stirring, until heated through and wilted.

**5** To serve, divide the bacon, mushroom and Parmesan gnocchi between bowls. Season with **black pepper** and garnish with the remaining parsley and Parmesan cheese. Dig in!

