

# Creamy Bacon & Mushroom Spaghetti with Spinach & Pear Salad

Grab your Meal Kit with this symbol



Prep in: 30-40 mins Ready in: 35-45 mins

11 Eat Me Early Check out how much good stuff is about to go in this dish. Between the tender mushrooms, crispy bacon and sharp

#### Before you start Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

#### You will need

Medium saucepan · Large frying pan

#### Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
brown onion	1	2
garlic	2 cloves	4 cloves
pear	1/2	1
diced bacon	<b>1 packet</b> (90g)	<b>1 packet</b> (180g)
garlic & herb seasoning	1 medium sachet	1 large sachet
sliced mushrooms	1 medium packet	1 large packet
butter*	20g	40g
spaghetti	1 medium packet	1 large packet
light cooking cream	1 medium packet	1 large packet
grated Parmesan cheese	2 packets (60g)	4 packets (120g)
baby spinach leaves	1 small bag	1 medium bag
balsamic vinegar*	drizzle	drizzle
diced bacon**	1 packet (90g)	<b>1 packet</b> (180g)

## \*Pantry Items \*\* Custom Recipe Ingredient Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3436kJ (821Cal)	757kJ (181Cal)
Protein (g)	33.5g	7.4g
Fat, total (g)	38.3g	8.4g
- saturated (g)	21.8g	4.8g
Carbohydrate (g)	80.5g	17.7g
- sugars (g)	15.5g	3.4g
Sodium (mg)	1212mg	267mg
Custom Recipe		

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3807kJ (909Cal)	763kJ (182Cal)
Protein (g)	41.1g	8.2g
Fat, total (g)	44.5g	8.9g
- saturated (g)	24.1g	4.8g
Carbohydrate (g)	80.1g	16.1g
- sugars (g)	15.6g	3.1g
Sodium (mg)	1646mg	330mg

The quantities provided above are averages only.

#### Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

#### We're here to help!

Scan here if you have any questions or concerns **2022** | CW32



## Get prepped

- Bring a medium saucepan of salted water to the boil.
- Finely chop brown onion. Finely chop garlic
- Thinly slice **pear** (see ingredients) into wedges. Set aside.

**Little cooks:** Don your goggles and have a go at peeling off the onion's outer layer!



#### Cook the bacon

- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat.
- Cook diced bacon, breaking up with a spoon, until golden, 4-6 minutes.
- Transfer to a plate.

**Custom Recipe:** If you've doubled your diced bacon, cook it for an extra 2-3 minutes.



## Cook the mushrooms

- Return frying pan to medium-high heat with another drizzle of **olive oil**, if needed.
- Cook onion, stirring, until softened, 4-5 minutes.
- Add garlic and garlic & herb seasoning and cook until fragrant, 1 minute.
- Add sliced mushrooms and the butter and cook, stirring, until browned and softened, 7-8 minutes.



#### Cook the pasta

- Meanwhile, cook spaghetti in the boiling water until 'al dente', 10 minutes.
- Reserve some pasta water (1/4 cup for 2 people / 1/2 cup for 4 people), then drain spaghetti and return to saucepan.

**TIP:** 'Al dente' pasta is cooked through but still slightly firm in the centre.



## Bring it all together

- When the mushrooms are done, reduce frying pan heat to low. Stir through light cooking cream and 1/2 the grated Parmesan cheese until heated through, 1 minute.
- Return bacon to pan, then add cooked spaghetti and a splash of pasta water. Season with pepper. Toss to combine, then remove from heat.
- In a medium bowl, combine pear, baby spinach leaves and a drizzle of balsamic vinegar and olive oil. Season to taste.

Little cooks: Lend a hand by tossing the salad.



#### Serve up

- Divide creamy bacon and mushroom spaghetti between bowls. Sprinkle with remaining Parmesan.
- Serve with spinach and pear salad. Enjoy!

**Little cooks:** Add the finishing touch by sprinkling over the Parmesan!

Rate your recipe We need your expertise! Let our Culinary team know what you thought: hellofresh.com.au/rate