

Char Siu Pork & Sesame Soy Greens

with Chilli Ginger Oil, Rice & Pickled Cucumber



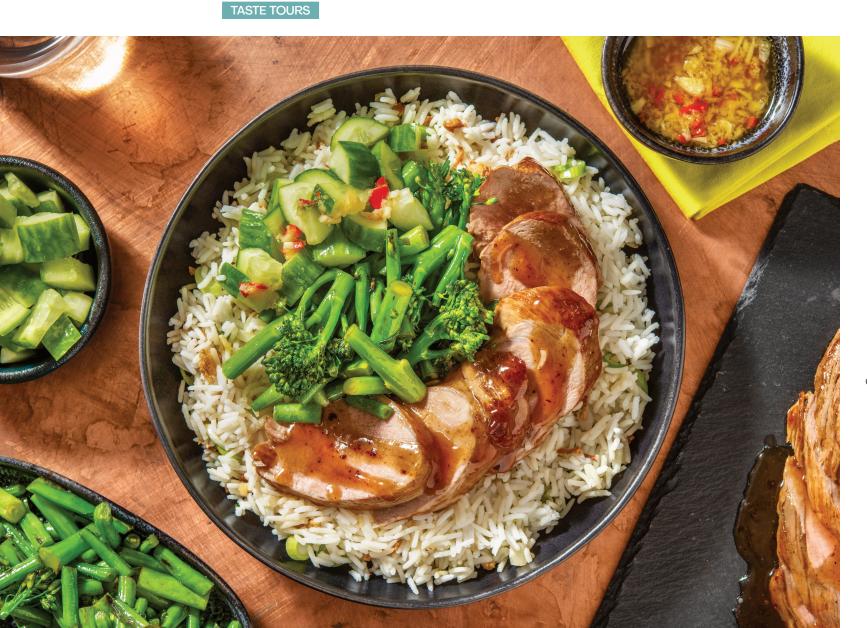
Jasmine Rice

Garlic



Cucumber

Long Chilli (Optional)



Baby Broccoli Green Beans

Spring Onion

Black Sesame Seeds



Crispy Shallots P

Premium Pork Fillet



Paste

/

Ginger Paste

Pantry items

Olive Oil, Vinegar (White Wine or Rice Wine), Soy Sauce

Prep in: 25-35 mins Ready in: 40-50 mins

Want to whip up a Chinese-inspired feast without spending all day toiling away in the kitchen? You're in luck! The main event is a sweet-and-sticky pork fillet that's glazed with our new char siu paste. On the side, there's fluffy rice, sesame-soy greens and pickled cucumber. Yeah, you're about to make all of that in less than an hour!

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

Medium saucepan with a lid \cdot Large frying pan \cdot Oven tray lined with baking paper

Ingredients

2 People	4 People
refer to method	refer to method
1¼ cups	2½ cups
1 medium packet	1 large packet
1 packet	2 packets
1 medium packet	1 large packet
1	2
1⁄4 cup	½ cup
2 cloves	4 cloves
1/2	1
1 medium packet	1 large packet
1 bunch	2 bunches
1 small bag	1 medium bag
2 stems	4 stems
drizzle	drizzle
1 medium sachet	1 large sachet
1 medium packet	1 large packet
	refer to method 1¼ cups 1 medium packet 1 packet 1 medium packet 1 v4 cup 2 cloves 1/2 1 medium packet 1 bunch 1 small bag 2 stems drizzle 1 medium sachet

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3256kJ (778Cal)	537kJ (128Cal)
Protein (g)	55g	9.1g
Fat, total (g)	24.6g	4.1g
- saturated (g)	7.3g	1.2g
Carbohydrate (g)	88.4g	14.6g
- sugars (g)	21.3g	3.5g
Sodium (mg)	620mg	102mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the rice

- Preheat the oven to **220°C/200°C fan-forced**. Add the **water** to a medium saucepan and bring to the boil.
- Add jasmine rice, stir, cover with a lid and reduce the heat to low. Cook for 12 minutes, then remove the pan from the heat and keep covered until the rice is tender and all the water is absorbed, 10-15 minutes.

TIP: The rice will finish cooking in its own steam, so don't peek!



Cook the pork

- Heat a drizzle of olive oil in a large frying pan over high heat. Season premium pork fillet all over and add to hot pan. Sear pork until browned, 1 minute on all sides.
- Transfer to a lined oven tray and roast,
 12-14 minutes for medium, or until cooked to your liking.
- Remove the tray from the oven, transfer the pork to a plate and spoon over **char siu paste** to coat. Cover and leave to rest until serving.



Make the pickled cucumber

- While the rice is cooking, roughly chop **cucumber**.
- In a medium bowl, combine **cucumber**, **vinegar**, a dash of **water** and a generous pinch of **salt** and **sugar**. Toss to combine and set aside.



Make the chilli ginger oil

- Finely chop garlic and long chilli (if using).
- Place garlic, chilli and ginger paste in a small heatproof bowl.
- Return the frying pan to high heat with **olive oil** (3 tbs for 2 people / 1/3 cup for 4 people). Heat until just smoking, **1 minute**.
- Carefully pour the **oil** over the **ginger mixture** in the bowl and stir to combine.

TIP: Use as much or as little chilli as you like.



Cook the soy sesame greens

- Roughly chop **baby broccoli** and **green beans**. Thinly slice **spring onion**.
- Return the frying pan to medium-high heat with a dash of water. Add baby broccoli and green beans to the pan. Cook, tossing, until tender, 3-4 minutes.
- Add soy sauce, a drizzle of olive oil and black sesame seeds. Toss to combine.

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Serve up

- Slice the premium pork fillet.
- Drain cucumber. Stir spring onion and **crispy shallots** through the rice.
- Bring everything to the table to serve. Enjoy!



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