

## Cheesy Beef Tortilla Stack with Mixed Salad Leaves





















Baharat Spice Blend



**Diced Tomatoes** 





Beef Stock



Mini Flour Tortillas



Mixed Salad Leaves

Pantry Staples





Olive Oil



**Balsamic Vinegar** 

Hands-on: 20 mins Ready in: 35 mins

You know what's better than a tortilla? A whole whopping stack of 'em of course! This cusine fusion feast comes together with ease, and the final reveal is just delicious.

## START

You will need: chef's knife, chopping board, small grater, medium frying pan, wooden spoon, large frying pan, measuring cup and small baking dish or round cake tin. Let's start cooking the Cheesy Beef Tortilla Stack with Mixed Salad Leaves



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BROWN THE MINCE

Heat 1/2 the olive oil in a medium
frying pan over a high heat. Add the beef mince
and cook for 3 minutes without stirring – this
allows it to brown completely. Break up with a
wooden spoon, turning over as you go and cook
for a further 3 minutes, until browned through.
Add the Baharat spice blend and cook, stirring,
for 1 minute. Add the diced tomatoes, water
and crumble in the beef stock cube. Season
with salt and pepper. Reduce the heat to low
and simmer for 5 minutes, or until thickened
and fragrant.



COOK THE VEGGIES

Meanwhile, heat the remaining olive

oil in a large frying pan over a medium-high
heat. Add the brown onion, carrot, zucchini
and 1/2 the parsley and cook for 5 minutes,
or until softened. Add the veggies to the beef
mince and stir to combine.



CREATE THE TORTILLA STACK
Add about 1/2 cup of the beef mixture to a small baking dish or cake tin (big enough to fit a tortilla). If you don't have a round dish, cut the mini flour tortillas to fit the shape of your dish. Top with a mini flour tortilla and repeat with the remaining beef mixture and tortillas, finishing on a beef layer.



**5** Sprinkle over the grated mozzarella cheese and remaining parsley. Transfer to the oven and bake for **10 minutes**, or until golden.



Cut the cheesy beef tortilla stack into slices and divide between plates. Drizzle the mixed salad leaves with a little balsamic vinegar and olive oil and divide between plates.

**Enjoy!** 

## INGREDIENTS

	2P	4P
brown onion	1	2
carrot	1	2
zucchini	1	2
coriander ®	½ bunch	1 bunch
mozzarella cheese	1 block (100g)	2 blocks (200g)
olive oil*	2 tbs	4 tbs
beef mince	1 packet	2 packets
Baharat spice blend	<b>½ sachet</b> (½ tbs)	1 sachet (1 tbs)
diced tomatoes	<b>½ tin</b> (200g)	<b>1 tin</b> (400g)
water*	⅓ cup	½ cup
beef stock	1 cube	2 cubes
mini flour tortillas	4-6	8-10
mixed salad leaves	1 bag	2 bags
balsamic vinegar*	drizzle	drizzle

\*Pantry Items | • Ingredient features in another recipe

NUTRITION	PER SERVING	<b>PER 100G</b>
Energy (kJ)	3650kJ (872Cal)	524kJ (125Cal)
Protein (g)	55.3g	7.9g
Fat, total (g)	45.0g	6.5g
saturated (g)	15.3g	2.2g
Carbohydrate (g)	56.2g	8.1g
- sugars (g)	11.4g	1.6g
Sodium (g)	1190mg	171mg

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