

Chicken Schnitzel Burger & Caramelised Bacon with Smoked Cheddar & Aussie Wedges

Grab your Meal Kit with this symbol

















Cos Lettuce



Smoked Cheddar



Cheese



Chicken Breast



Panko Breadcrumbs

Bacon



Bake-At-Home **Burger Buns**



Burger Sauce



Tartare Sauce

Pantry items

Olive Oil, Brown Sugar, Plain Flour, Egg



Hands-on: 20-30 mins Ready in: 35-45 mins



Eat Me Early

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Two oven tray lined with baking paper · Large frying pan

Ingredients

9			
	2 People	4 People	
olive oil*	refer to method	refer to method	
potato	2	4	
Aussie spice blend	1 sachet	2 sachets	
tomato	1	2	
cos lettuce	½ head	1 head	
smoked Cheddar cheese	1 packet (50g)	1 packet (100g)	
bacon	1 packet	2 packets	
brown sugar*	1 tsp	2 tsp	
chicken breast	1 small packet	1 large packet	
plain flour*	2 tbs	1/4 cup	
salt*	½ tsp	1 tsp	
egg*	1	2	
panko breadcrumbs	1 medium packet	1 large packet	
bake-at-home burger buns	2	4	
burger sauce	1 medium packet	1 large packet	
tartare sauce	1 medium packet	1 large packet	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	5210kJ (1245Cal)	693kJ (166Cal)
Protein (g)	73.7g	9.8g
Fat, total (g)	58.7g	7.8g
- saturated (g)	16.4g	2.2g
Carbohydrate (g)	99.7g	13.3g
- sugars (g)	13g	13.3g
Sodium (mg)	2179mg	290mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Bake the wedges

Preheat the oven to 240°C/220°C fan-forced. Cut the potato into wedges. Place the wedges and Aussie spice blend on a lined oven tray. Drizzle with olive oil and season with salt. Toss to coat, then bake until tender, 20-25 minutes.



Get prepped

While the wedges are baking, thinly slice the **tomato**. Finely shred the **cos lettuce** (see ingredients). Grate the **smoked Cheddar cheese**. Separate the **bacon** slices and place on a second lined oven tray. Sprinkle with the **brown sugar**, drizzle with **olive oil** and bake until caramelised and golden, **8-12 minutes**.



Crumb the chicken

Meanwhile, place your hand flat on top of each chicken breast and slice through horizontally to make two thin steaks. In a shallow bowl, combine the plain flour, the salt and a good pinch of pepper. In a second shallow bowl, whisk the egg. In a third shallow bowl, place the panko breadcrumbs. Dip the chicken into the flour mixture, followed by the egg, and finally in the panko breadcrumbs. Transfer to a plate.

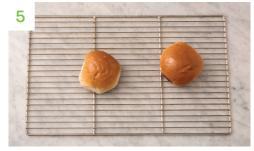


Cook the chicken

Heat a large frying pan over a medium-high heat and add enough **olive oil** to coat the base of the pan. When the oil is hot, cook the **chicken** until golden and cooked through, **2-4 minutes** each side. In the last **1-2 minutes** of cook time, sprinkle the **smoked Cheddar cheese** over the schnitzels and cover with a lid or foil so the cheese melts. Transfer to a plate lined with paper towel.

TIP: Add extra oil if needed so the schnitzel doesn't stick to the pan.

TIP: Chicken is cooked through when it's no longer pink inside.



Heat the burger buns

Place the **bake-at-home burger buns** on a wire rack in the oven until heated through, **2-3 minutes**.



Serve up

Slice the burger buns in half, then spread with the **burger sauce**. Top with the chicken schnitzel, caramelised bacon, tomato and a handful of cos lettuce. Serve with the Aussie wedges and **tartare sauce**.

Enjoy!