

Creamy Gnocchi with Roasted Pumpkin & Ricotta

This creamy gnocchi is so good, we'll bet our hats everyone in the family will love it. Patience is a virtue when it comes to letting the cooked gnocchi dry off a little before pan frying it - it will make the resultant dumplings all the more crispy and delicious.



Prep: 10 mins Cook: 30 mins Total: 40 mins



level 1



contains



helping hands









Pumpkin



Gnocchi



Pine Nuts













Ricotta

Baby Spinach

QTY	Ingredients	
800 g	pumpkin, skin removed & chopped into 1 cm cubes	
1 ½ tbs	olive oil *	
1 ¾ packets	gnocchi	
2 tbs	pine nuts	
1 packet	middle bacon, rind removed & bacon sliced into 1 cm squa	res
2 cloves	garlic, peeled & crushed	
1 tub	ricotta	
2 tbs	milk *	
1 bag	baby spinach, washed	
1 bunch	parsley, leaves picked & finely chopped	

#	Ingredient features in another recipe
*	Pantry Items

Nutrition per serve

Pre-preparation

Mutilition per serve				
Energy	2960	Kj		
Protein	25.3	g		
Fat, total	24.5	g		
-saturated	6.9	g		
Carbohydrate	92.3	g		
-sugars	13.5	g		
Sodium	609	mg		



You will need: chopping board, chef's knife, garlic crusher, clean tea towel, oven tray lined with baking paper, medium saucepan, large frying pan, bowl, and a stirring spoon.

- 1 Preheat the oven to 200°C/180°C fan-forced. Bring a full pot of salted water to the boil.
- 2 Toss the **pumpkin** in half of the **olive oil** and season with **salt** and **pepper**. Place in a single layer on the prepared oven tray. Cook in the oven for **20-25 minutes** or until tender.
- 3 Meanwhile, add the **gnocchi** to the boiling water and cook until the gnocchi floats to the surface, this should take approximately **2-3 minutes**. Drain and pat dry with a clean tea towel, this will help the gnocchi crisp up in the pan.
- 4 Place a large frying pan over a medium heat and toast the **pine nuts** until golden. Set aside in a bowl.
- Heat the remaining olive oil in the same large frying pan. Add the middle bacon and cook for 4-5 minutes or until slightly crispy. Transfer the bacon to the bowl with the pine nuts. Return the pan to the heat and add the gnocchi, frying for 5-6 minutes or until golden. Add the garlic and cook for 1 minute or until fragrant. Remove from the heat and stir through the ricotta and milk. Season to taste with salt and pepper. Gently stir through the pumpkin, bacon, pine nuts and the baby spinach, if you like.
- **6** To serve, divide the gnocchi between plates. Garnish with the fresh **parsley**.







