

Grilled Prawns & Creamy Potatoes

with Haloumi-Zucchini Salad & Garlic Aioli

GRILL KIT









Potato





Zucchini





Aussie Spice Blend



Chilli Flakes



Haloumi

Salad Leaves

(Optional)



Dill & Parsley



Mayonnaise



Garlic Aioli

Pantry items Olive Oil, Honey

Prep in: 25-35 mins Ready in: 35-45 mins



Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

 $\mathsf{BBQ} \cdot \mathsf{Medium} \, \mathsf{saucepan} \cdot \mathsf{Large} \, \mathsf{frying} \, \mathsf{pan}$

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
haloumi	1 packet	2 packets
potato	2	4
dill & parsley mayonnaise	1 medium packet	1 large packet
tomato	1	2
zucchini	1	2
lime	1/2	1
Aussie spice blend	1 medium sachet	2 medium sachets
prawns	1 packet	2 packets
salad leaves	1 small bag	1 medium bag
honey*	1 tsp	2 tsp
chilli flakes ∮ (optional)	pinch	pinch
garlic aioli	1 medium packet	1 large packet

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3447kJ (824Cal)	558kJ (133Cal)
Protein (g)	39.3g	6.4g
Fat, total (g)	62.7g	10.1g
- saturated (g)	17.7g	2.9g
Carbohydrate (g)	35.6g	5.8g
- sugars (g)	12.4g	2g
Sodium (mg)	2352mg	381mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the potato

- Preheat BBQ to high heat. Bring a medium saucepan of salted water to the boil.
- Cut haloumi into 1cm-thick slices. In a medium bowl, add haloumi and cover with water.
- Cut potato into bite-sized chunks. Cook in the boiling water until easily pierced with a fork, 10-12 minutes.
- Drain and return to the saucepan. Stir in dill & parsley mayonnaise until combined. Season to taste. Set aside, uncovered.



Get prepped

- While the potato is cooking, roughly chop tomato. Thinly slice zucchini into strips, lengthways. Halve lime.
- Pat haloumi dry with paper towel.
- In a second medium bowl, toss haloumi,
 zucchini and a drizzle of olive oil. Set aside.
- In another medium bowl, combine Aussie spice blend and a drizzle of olive oil. Add prawns, tossing to coat.



Grill the zucchini & haloumi

- When the BBQ is hot, grill zucchini until charred and tender, 3-5 minutes each side.
- Meanwhile, grill **haloumi** on a BBQ flat plate until golden brown, **2-3 minutes** each side.
- Grill lime, cut-side down, until charred,
 4-6 minutes. Transfer zucchini to a serving bowl. Transfer haloumi and lime to a plate.

No BBQ or flat plate? Heat a drizzle of olive oil in a large frying pan over medium-high heat. Cook zucchini until tender, 3-5 minutes each side. Return frying pan to medium-high heat with a drizzle of olive oil. Cook haloumi until golden brown, 2 minutes each side. Set lime aside to serve fresh.



Grill the prawns

Grill prawns until pink and starting to curl up,
 2-4 minutes. Transfer to a serving plate.

No BBQ? In a large frying pan, heat a drizzle of olive oil over medium-high heat. Cook prawns, tossing, until pink and starting to curl up, 3-4 minutes.



Bring it all together

- To the bowl with the zucchini, add salad leaves, tomato, the honey, a drizzle of olive oil and a squeeze of the charred lime juice. Season, then toss to combine.
- · Top with haloumi.



Serve up

- Sprinkle the potatoes with some chilli flakes (if using).
- Bring the chargrilled prawns, creamy potatoes and haloumi-zucchini salad to the table.
- Serve with garlic aioli and any remaining charred lime. Enjoy!

