



Sweet Chilli Ginger Beef with Crunchy Asian Slaw & Peanuts

FRESH & FAST

Box to plate: 15 mins

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 2593kJ (620Cal) | Protein 40.6g | Fat, total 30.4g - saturated 6.1g | Carbohydrate 43.1g - sugars 27.9g | Sodium 2139mg
Calorie smart | The quantities provided above are averages only.

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2022 | WK49 | AL



Get ready

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You'll need

(along with the basics)



Large Frying Pan

From the pantry



Olive Oil



Salt & Pepper

From the cool pouch

	2P	4P
Beef Strips	1 small pkt	1 medium pkt
Ginger Paste	1 medium pkt	1 large pkt
Slaw Mix	1 small bag	1 large bag
Sesame Dressing	1 large pkt	2 large pkts

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Chop



Pea Pods



Asian Greens



Cucumber

2. Sizzle



Beef Strips



Oyster Sauce



Sweet Chili Sauce



Ginger Paste

3. Toss



Slaw Mix



Crunchy Fried Noodles



Sesame Dressing



Crushed Peanuts



Coriander

- Trim and chop **pea pods**
- Chop **Asian greens**
- Slice **cucumber** into half-moons

- Heat **olive oil** in a frying pan over high heat. Cook **beef strips** (in batches) until browned, **1-2 mins**. Season, then transfer to a plate
- Return pan to high heat with a drizzle of olive oil. Cook **pea pods** until tender, **2-3 mins**
- Add **Asian greens, oyster sauce, sweet chilli sauce** and **ginger paste** to pan then return **beef** and toss until greens are wilted, **1 min**

- In a bowl, combine **slaw mix, cucumber, crunchy noodles** and **sesame dressing**. Season
- Plate up **beef** and **slaw**
- Top with **peanuts** and torn **coriander**



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