

Indian Potato & Beef Dosa-Dillas

with Corn Salsa & Yoghurt

NEW

KID FRIENDLY















Sweetcorn

Mumbai Spice

Blend

Brown Onion





Carrot





Beef-Style

Stock Powder

Baby Spinach

Tomato Paste



Mini Flour Tortillas



Beef Mince





Greek-Style Yoghurt





We've packaged all the amazing flavours of an Indian-inspired beef and potato dosa into this Mexican-style dish. Teamed with a refreshing salsa and cooling yoghurt, it's a sublime meal everyone will love.

Before you start Remember to wash your hands for 20 seconds.

You'll also need to give your veggies a wash.

You will need

Oven tray lined with baking paper · Large frying pan

Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
potato	2	4	
garlic	2 cloves	4 cloves	
brown onion	1/2	1	
sweetcorn	1 tin (125g)	1 tin (300g)	
carrot	1	2	
beef mince	1 small packet	1 medium packet	
Mumbai spice blend	1 sachet	1 sachet	
tomato paste	1 packet	1 packet	
water*	1/4 cup	½ cup	
butter*	20g	40g	
beef-style stock powder	1 medium sachet	1 large sachet	
mini flour tortillas	6	12	
shredded Cheddar cheese	1 medium packet	1 large packet	
baby spinach leaves	1 small bag	1 medium bag	
vinegar* (white wine or rice wine)	drizzle	drizzle	
Greek-style yoghurt	1 medium packet	1 large packet	
shredded Cheddar cheese**	1 medium packet	1 large packet	

*Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4019kJ (961Cal)	515kJ (123Cal)
Protein (g)	51.2g	6.6g
Fat, total (g)	43.5g	5.6g
- saturated (g)	19.2g	2.5g
Carbohydrate (g)	85.6g	11g
- sugars (g)	25.8g	3.3g
Sodium (mg)	1766mg	226mg
Custom Recipe		

4363kJ (1043Cal) 545kJ (130Cal) Energy (kJ) 56g Protein (g) Fat, total (g) 50.6g 6.3g - saturated (g) 23.5g 2.9g Carbohydrate (g) 85.6g 10.7g - sugars (g) 25.8g 3.2g Sodium (mg) 1910mg 239mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns





Roast the potato

- · Preheat the oven to 220°C/200°C fan-forced. Cut potato into 1cm chunks.
- · Place on a lined oven tray. Drizzle with olive oil and season with salt and pepper. Toss to coat, then roast until just tender, 10-15 minutes.
- While potato is roasting, finely chop garlic and **brown onion** (see ingredients). Drain sweetcorn. Grate carrot.

TIP: If your oven tray is crowded, divide potatoes between two trays.



Cook the filling

- In a large frying pan, heat a drizzle of olive oil over medium-high heat. Add beef mince, onion and carrot and cook, breaking up mince with a spoon, until softened, 4-5 minutes.
- Add Mumbai spice blend, tomato paste and garlic and cook until fragrant, 1 minute. Add the water, the butter and beef-style stock powder, stir to combine and simmer until slightly thickened.

1-2 minutes.

• Add roasted **potato** and stir to combine. Season to taste.



Assemble the dosa-dillas

- Arrange mini flour tortillas over the lined oven tray. Divide the filling evenly between tortillas, spooning it onto one half of each tortilla, and top with shredded Cheddar cheese.
- Fold the empty half of each **tortilla** over to enclose the filling and press down gently with a spatula.

TIP: If the dosa-dillas don't fit in a single layer, spread across two trays.

Custom Recipe: If you've doubled your cheese, top quesadillas with extra shredded Cheddar cheese.



Bake the dosa-dillas

 Brush or spray the tortillas with a drizzle of olive oil. Bake quesadillas until golden,

10-12 minutes. Spoon any overflowing filling and cheese back into the dosa-dillas.

TIP: You can place a sheet of baking paper and a second oven tray on top of the dosa-dillas if they unfold during cooking.



Make the salsa

- · While the quesadillas are baking, roughly chop baby spinach leaves.
- Wipe out the frying pan and return to high heat. Add **corn kernels** and cook until lightly browned, 4-5 minutes.
- In a medium bowl, combine spinach, corn, vinegar and a drizzle of olive oil. Toss to coat and season to taste.

TIP: Cover the pan with a lid if the kernels are "popping" out.

Little cooks: Take the lead by tossing the salsa!



Serve up

- Divide the Indian potato and beef dosa-dillas between plates.
- · Serve with the corn salsa and Greek-style yoghurt. Enjoy!

Rate your recipe

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