

 HELLO FRESH

Maple Bacon & Pecan Toast

with Ricotta

SERVES
2



Grab your Kit



First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people
Olive Oil*	Refer to method
Pecans	1 large packet
Salad Leaves	1 small bag
Diced Bacon	1 packet (180g)
Maple-Flavoured Syrup	1 packet
Sliced Sourdough	4 slices
Ricotta	1 medium packet
Balsamic Vinegar*	drizzle
*Pantry Items	

Nutrition Information

AVG QTY	PER SERVING	PER 100g
Energy (kJ)	3227kJ (771Cal)	890kJ (213Cal)
Protein (g)	31.3g	8.6g
Fat, total (g)	39.4g	10.9g
- saturated (g)	12g	3.3g
Carbohydrate (g)	70.6g	19.5g
- sugars (g)	40.2g	11.1g
Sodium (mg)	1380mg	381mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Make the topping

Roughly chop **pecans** and **salad leaves**. In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook **diced bacon**, breaking up with a spoon, until golden, **4-6 minutes**. Stir in **maple-flavoured syrup** and **pecans** until bubbling, **1-2 minutes**. Remove from heat.

2. Toast the bread

Meanwhile, toast or grill **sliced sourdough** to your liking.

3. Serve up

Spread each slice with **ricotta**. Season with **salt** and **pepper**. Top with maple bacon and pecans and some salad leaves. Serve drizzled with **balsamic vinegar**.

We're here to help!

If you have any questions or concerns, please contact us at hellofresh.com.au/contact 2023 | CW11



SEG

ON THE MENU

With delicious options for every occasion from breakfast to dinner, HelloFresh has you covered for every meal of the day.

Brekkie delights

Make breakfast extra delicious with one of our satisfying breakfast options, like granola, pancakes and bagels.

Combining a fresh bagel and delicious savoury toppings, our **Smoked Salmon & Cream Cheese Bagel with Spring Onion & Capers** is sure to be a hit!



Treat yourself

For a twist on a retro classic try our **Pineapple Upside Down Cake**. With a decadent coconut caramel sauce, you'll be lining up for seconds!



Shop the range!

Get more in your HelloFresh box with our delicious range of snacks, fruit, desserts and drinks.



Choc Chip Protein Cookie



Balsamic Vinegar & Sea Salt Vege Crackers



Raspberry Lemonade Kombucha



Sweetcorn & Spring Onion Fritter Bites

Plan your menu!

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