

## **Mexican Chicken Tacos with Mango Mayo & Slaw**

Few things look as colourful as these tacos – with marinated chicken inside no less! The real star of this dish is the mayonnaise. There's a hint of mango amidst the expected tang of mayonnaise we all know and love, and all of that means you're in for a sweet ride.



Prep: 15 mins Cook: 10 mins **Total:** 25 mins



level 1



eat me first





Vinegar





Free Range Chicken Thighs



Mexican Spice Mix



Red Cabbage







Mini Flour Tortillas



Mango Mayonnaise

QTY	Ingredients	
1 packet	free range chicken thighs, chopped into 2 cm pieces	
½ sachet	mild Mexican spice mix (recommended amount)	
1 tbs	olive oil *	
1 portion	red cabbage, finely sliced	
2	carrots, washed & grated	
½ bunch	coriander, leaves picked	
3 tsp	red wine vinegar *	
1 packet	mini flour tortillas	
1 tub	mango mayonnaise	

Ingredient features in another recipe

Pantry Items

Pre-preparation

## **Nutrition per serve**

Energy	2730	Kj
Protein	40.3	g
Fat, total	34.5	g
-saturated	6.2	g
Carbohydrate	42.7	g
-sugars	8	g
Sodium	688	mg



**You will need:** chef's knife, chopping board, box grater, two medium bowls large frying pan, wooden spoon and microwave or sandwich press.

Place the chicken thighs, mild Mexican spice mix and half the olive oil in a medium bowl. Toss to coat the chicken in the mild spice mix. Season generously with salt and pepper. Set aside.



3 Heat a large frying pan over a high heat. Add the remaining olive oil and cook the spiced chicken pieces for 5-6 minutes, or until cooked through and golden. Remove the pan from the heat.

4 Meanwhile, heat the **mini flour tortillas** in the microwave or a sandwich press until warm.

5 To serve top each taco with slaw, chicken pieces, a dollop of mango mayonnaise and the remaining coriander. Enjoy!





