

Classic Pork Burger & Cheese with Sweet Potato Fries & Burger Sauce

KID FRIENDLY



Grab your Meal Kit with this symbol







Sweet Potato





Seasoning



Bake-At-Home



Burger Buns



Pork Mince



Mixed Salad

Shredded Cheddar Cheese



Burger Sauce



Prep in: 20-30 mins Ready in: 30-40 mins

We've taken the best parts of the American Southern BBQ experience – creamy and tangy sauce, plus aromatic herbs and spices - and added a juicy pork patty and hand cut fries for a burger y'all will love!

Pantry items Olive Oil, Egg

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

Two oven trays lined with baking paper · Large frying pan

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
sweet potato	2	4
pork mince	1 small packet	1 medium packet
egg*	1	2
fine breadcrumbs	1 medium packet	1 large packet
Nan's special seasoning	1 medium sachet	1 large sachet
salt*	1/4 tsp	½ tsp
shredded Cheddar cheese	1 medium packet	1 large packet
tomato	1	2
bake-at-home burger buns	2	4
burger sauce	1 medium packet	2 medium packets
mixed salad leaves	1 small bag	1 medium bag
beef mince**	1 small packet	1 medium packet
at the state of th		

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Per Serving	Per 100g
3880kJ (927Cal)	676kJ (162Cal)
47.7g	8.3g
40.7g	7.1g
13.8g	2.4g
88.6g	15.4g
19g	3.3g
1513mg	264mg
	3880kJ (927Cal) 47.7g 40.7g 13.8g 88.6g 19g

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3906kJ (934Cal)	681kJ (163Cal)
Protein (g)	51.1g	8.9g
Fat, total (g)	39.8g	6.9g
- saturated (g)	14.2g	2.5g
Carbohydrate (g)	88.6g	15.4g
- sugars (g)	19g	3.3g
Sodium (mg)	1515mg	264mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Bake the fries

- Preheat oven to 240°C/220°C fan-forced.
- Cut sweet potato into fries.
- · Place fries on a lined oven tray. Drizzle with olive oil, season with salt and toss to coat.
- · Bake until tender, 20-25 minutes.

TIP: If your oven tray is crowded, divide the fries between two trays.



Make the burger patties

- · Meanwhile, combine pork mince, the egg, fine breadcrumbs, Nan's special seasoning and the salt in a medium bowl.
- Shape **mixture** into patties (1 per person) slightly larger than the burger buns.

TIP: Make a shallow indentation in the centre of each patty to help prevent it puffing up as it cooks.

Little cooks: Join the fun by helping combine and shape the patty mixture!

Custom Recipe: If you've swapped to beef mince, make the beef patties the same way as the pork patties.



Cook the patties

- In a large frying pan, heat a drizzle of olive oil over medium-high heat.
- · Cook patties until browned and cooked through, 4-5 minutes each side (cook in batches if your pan is getting crowded).
- Reduce heat to medium. Sprinkle shredded Cheddar cheese over patties, then cover pan with a lid or foil and cook until cheese is melted, 2-3 minutes.

Little cooks: Under adult supervision, you can help sprinkle the cheese over the patties. Be careful, the pan is hot!

Custom Recipe: Cook the beef patties the same way as the pork patties.



Prep the tomato

• Meanwhile, thinly slice tomato.



Heat the burger buns

• Halve bake-at-home burger buns and bake directly on a wire oven rack, until heated through, 2-3 minutes.



Serve up

- Spread each bun base with some burger sauce.
- Top with tomato slices, a pork patty and some mixed salad leaves.
- · Serve with sweet potato fries and any remaining burger sauce. Enjoy!

Little cooks: Take the lead and help build the burgers!





Our Culinary team is waiting for your feedback! Let them know what you thought: hellofresh.com.au/rate