



Pork Loin & Pesto Dressing with Garlic Greens & Potatoes

FRESH & FAST

Box to plate: 15 mins

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 2438kJ (582Cal) | Protein 43.4g | Fat, total 31.7g - saturated 4.6g | Carbohydrate 26.6g - sugars 5.3g | Sodium 1198mg
Calorie smart | Naturally gluten-free (not suitable for coeliacs) | The quantities provided above are averages only.

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2021 | WK14 | V

Get ready

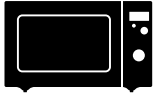
Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You'll need

(along with the basics)



Large Frying Pan

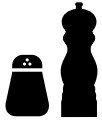


Microwave

From the pantry



Olive Oil



Salt & Pepper

From the cool pouch

	2P	4P
Pork Loin Steaks	1 pkt	1 pkt
Garlic Paste	1 pkt	2 pkts
Roasted Potatoes with Garlic Herb Butter	1 medium pkt	2 medium pkts
Creamy Pesto Dressing	1 pkt (50g)	1 pkt (100g)

Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.com.au/foodinfo](https://www.hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Sizzle



Pork Loin Steaks



Aussie Spice Blend

2. Steam



Zucchini



Trimmed Green Beans



Garlic Paste

3. Zap



Roasted Potatoes with Garlic Herb Butter



Creamy Pesto Dressing

- Combine **pork, spice blend** and a drizzle of **olive oil** in a bowl
- Heat **oil** in frying pan over medium-high heat
- Cook **pork**, until cooked through, **3-4 mins** each side
- Set aside to rest

- Slice **zucchini** into half-moons
- Return pan to a medium-high heat with a drizzle of **oil**
- Add **zucchini, green beans** and **garlic paste** and cook until tender, **4-5 mins**
- Season to taste

- Pierce **potato** packet and microwave until hot and steaming, **3 mins**
- Plate up **pork, garlic greens** and **potatoes**
- Serve with **creamy pesto dressing**

