

Serrano Ham Caesar Salad Bowl

with Ciabatta Croutons & Parmesan





Master a homemade Caesar dressing







n Cheese Serra



Roma Tomato



omato Chopped Cos Lettuce



Rosemary



Bake-At-Home Ciabatta



Garlic Aiol



Dijon Mustard

Hands-on: 20 mins Ready in: 30 mins The favourite of favourites! The salad for salad haters! If you haven't attempted to make a delicious Caesar salad yet, now's your chance! You're not going to believe how simple it is to do the whole thing yourself. From crunchy rosemary croutons to crispy serrano ham and fresh Parmesan cheese, once you've got this baby down, soggy supermarket salads will be a distant memory.

Pantry Staples: Olive Oil, Eggs (Optional), Water

START

Our fruit and veggies need a little wash before you use them!! You will need: medium saucepan, chef's knife, chopping board, fine grater, large slotted spoon, two large bowls, oven tray lined with baking paper, medium bowl and a spoon.



Preheat the oven to 200°C/180°C fanforced. Bring a medium saucepan of water to the boil. Pick the rosemary leaves and finely chop until you have 1 tsp for 2 people/ 2 tsp for 4 people. Finely grate the Parmesan cheese. Finely slice the Roma tomato. Roughly tear the serrano ham into strips.



2 BOIL THE EGGS (OPTIONAL)
Gently place the eggs into the saucepan of boiling water using a large slotted spoon.
Reduce to a gentle simmer and cook for
6-7 minutes, depending on your preference.

* TIP: Cook for 6 minutes if you like your yolk medium, or 7 minutes if you prefer your yolk hard. Turn off the heat, remove the eggs and transfer to a large bowl of cold water. Once cool, peel the eggs and discard the shells. Slice in half.



BAKE THE CROUTONS
While the eggs are boiling, slice (or tear)
the bake-at-home ciabatta into 1 cm chunks.
Place the ciabatta chunks on an oven tray
lined with baking paper. Sprinkle over the
rosemary, drizzle with olive oil and season
with a pinch of salt and pepper. Place in the
oven to bake for 5 minutes, or until golden
and toasted. *TIP: Watch to make sure the
croutons don't burn! Remove from the oven
and set aside.



MAKE THE CAESAR DRESSING
In a medium bowl, combine the garlic
aioli, Dijon mustard, 1/2 of the Parmesan
cheese and the water (check ingredients
list for the amount). Season with a pinch of
pepper and mix well.

TOSS THE SALAD
In a large bowl, toss the chopped cos
lettuce, Roma tomato, croutons and the
remaining Parmesan cheese with the Caesar
dressing. *TIP: Dress the salad just before
serving to prevent soggy leaves and bread!



SERVE UPDivide the Caesar salad between plates and top with the serrano ham. Add an egg (if using) to each portion.

Enjoy!

INGREDIENTS

	2P	4P
olive oil*	refer to method	refer to method
rosemary	1 bunch	1 bunch
Parmesan cheese	1 block (50 g)	1 block (100 g)
Roma tomato	1	2
serrano ham	1 packet	1 packet
eggs* (optional)	2	4
bake-at-home ciabatta	1	2
garlic aioli	1 tub (50 g)	1 tub (100 g)
Dijon mustard	1 tub (15 g)	1 tub (40 g)
water*	2 tbs	⅓ cup
chopped cos lettuce	1 bag	1 bag

*Pantry Items

NUTRITION	PER SERVING	PER 100G
Energy (kJ)	2430kJ (580Cal)	723kJ (173Cal)
Protein (g)	34.2g	10.2g
at, total (g)	41.4g	12.3g
saturated (g)	18.9g	5.6g
Carbohydrate (g)	19.3g	5.8g
sugars (g)	4.6g	1.4g
Sodium (g)	658mg	196mg

For allergens and ingredient information, visit **HelloFresh.com.au/foodinfo**

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Hello@HelloFresh.com.au

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