Sirloin Tip & Porcini Mushroom Sauce with Fries & Nutty Sautéed Greens

Grab your Meal Kit with this symbol







Mushrooms



Premium Sirloin



Green Beans







Light Cooking Cream



Vegetable Stock Powder

Thyme



Pine Nuts

Pantry items

Olive Oil

Hands-on: 25-35 mins Ready in: 40-50 mins

Calorie Smart



Porcini mushrooms are near legendary for their rich yet earthy umami flavour. In this elegant dish, they form an indulgent sauce, perfect for drizzling over a top-notch sirloin.

The recent wet weather conditions across the East Coast have impacted our regular supply of fresh ingredients and as such what you receive may be slightly different to what's pictured. Don't worry, your recipe will be just as delicious!

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Two oven trays lined with baking paper · Large frying pan

Ingredients

3			
	2 People	4 People	
olive oil*	refer to method	refer to method	
dried porcini mushrooms	1 packet	2 packets	
hot water*	1 cup	2 cups	
potato	2	4	
premium sirloin tip	1 small packet	1 large packet	
kale	1 bag	2 bags	
green beans	1 small bag	1 medium bag	
brown onion	1	2	
garlic	2 cloves	4 cloves	
thyme	1 bag	1 bag	
light cooking cream	1 medium packet	1 large packet	
vegetable stock powder	1 medium sachet	1 large sachet	
pine nuts	1 medium packet	1 large packet	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2458kJ (587Cal)	389kJ (93Cal)
Protein (g)	42.9g	6.8g
Fat, total (g)	27.6g	4.4g
- saturated (g)	10.5g	1.7g
Carbohydrate (g)	39g	6.2g
- sugars (g)	11.8g	6.2g
Sodium (mg)	618mg	98mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

Fancy a drop?

We recommend pairing this meal with Malbec or Cabernet Sauvignon.

Top Steak Tips!

- 1. Use paper towel to pat steak dry before seasoning.
- 2. Check if steak is done by pressing on it gently with tongs - rare steak is soft, medium is springy and well-done is firm.
- 3. For ultimate tenderness, let steak rest on a plate for 5 minutes before slicing.



Prep the porcini & fries

Preheat the oven to 220°C/200°C fan-forced. Place the **dried porcini mushrooms** in a jug. Pour the **hot water** (1 cup for 2 people / 2 cups for 4 people) on top, then set aside to soak for **20 minutes**. Cut the **potato** into fries. Place on a lined oven tray. Drizzle with olive oil, season with salt and toss to coat. Bake until tender, 20-25 minutes.



Cook the steak

rest for 10 minutes.

See 'Top Steak Tips' (bottom left)! While the fries are baking, heat a drizzle of olive oil in a large frying pan over a high heat. Season the **premium sirloin tip** all over, then add to the hot pan. Sear until browned, 1 minute on all sides. Transfer to a second lined oven tray and roast for 17-22 minutes for medium, or until cooked to your liking. Remove from the oven and cover with foil to

TIP: The steak will keep cooking as it rests!



Get prepped

While the steak is roasting, tear the **kale** leaves from the stem, then roughly chop the leaves. Trim the green beans. Thinly slice the brown onion. Finely chop the **garlic**. Pick the **thyme** leaves.



Cook the greens

While the steak is resting, return the frying pan to a medium-high heat with a drizzle of olive oil. Cook the green beans, stirring, until softened, 2 minutes. Add the kale and 1/2 the garlic and cook until softened and fragrant, 1-2 minutes. Transfer to a medium bowl and cover to keep warm.



Make the mushroom sauce

Reserve some porcini soaking liquid (1/2 cup for 2 people / 1 cup for 4 people), then rinse and finely chop the **porcini mushrooms**. Return the frying pan to a medium heat with a drizzle of olive oil. Cook the porcini, onion and thyme, stirring, until softened, 1-2 minutes. Add the remaining garlic and cook until fragrant, 1 minute. Add the light cooking cream, reserved porcini liquid and the vegetable stock powder. Season, then simmer until thickened, 4-5 minutes.

TIP: Add the steak resting juices to the sauce for extra flavour!



Serve up

Sprinkle the **pine nuts** over the greens. Season, then toss to combine. Slice the sirloin tip. Divide the sirloin, fries and nutty sautéed greens between plates. Spoon the porcini mushroom sauce over the sirloin to serve.

Enjoy!

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