

# **SPICED PORK STEAKS**

with Peppercorn Aioli & Fries



A hot contender for 'best new accompaniment', the easy-to-make peppercorn aioli in this dish really takes it to the

next level. We're serving it with mouth-watering spiced pork steaks, golden fries and a fresh salad.



Add crushed peppercorns to aioli





**Cherry Tomatoes** 



Cucumber

**Black Peppercorns** 









Blend

Flaked Almonds



Mixed Salad Leaves

Pantry Staples: Olive Oil, Balsamic Vinegar

Hands-on: 25-35 mins Ready in: 30-40 mins





Not suitable for Coeliacs

Our fruit and veggies need a **little wash** first! Along with basic cooking tools, you will use:

• oven tray lined with baking paper • medium frying pan



## BAKE THE FRIES

Preheat the oven to 240°C/220°C fanforced. Cut the potato (unpeeled) into 1cm fries. Place the fries on an oven tray lined with baking paper. Season with salt and pepper and drizzle with olive oil. Toss to coat, then bake until tender, 20-25 minutes.

\*TIP: Cut the potato to the correct size so it cooks in the allocated time!



### GET PREPPED

While the fries are baking, thinly slice the cucumber into half-moons. Halve the cherry tomatoes. Lightly crush the black peppercorns (see ingredients list) in a pestle and mortar or using a rolling pin. In a small bowl, mix the crushed peppercorns and garlic aioli. Set aside. In a medium bowl, add the pork loin steaks, Aussie spice blend and a drizzle of olive oil. Toss to coat and set aside.



## **TOAST THE ALMONDS**

Heat a medium frying pan over a mediumhigh heat. Add the **flaked almonds** and toast, stirring occasionally, until golden, **2-3 minutes**. Transfer to a plate and set aside.



# COOK THE PORK

When the fries have **10 minutes** cook time remaining, return the frying pan to a medium-high heat with a **drizzle** of **olive oil**. Add the **pork** and cook until cooked through, **3-4 minutes** each side (depending on thickness). \*TIP: The spice blend may char in the pan, this adds to the flavour! Transfer the **pork** to a second plate, cover with foil and leave to rest for **5 minutes**.



### MAKE THE SALAD

While the pork is resting, combine the balsamic vinegar and olive oil (1 tbs for 2 people / 2 tbs for 4 people) in a large bowl. Add the mixed salad leaves, cucumber and cherry tomatoes. Just before serving, toss to coat. Season to taste with salt and pepper.



#### SERVE UP

Divide the spiced pork steaks, fries and salad between plates. Sprinkle the flaked almonds over the salad. Serve with the peppercorn aioli on the side.

**ENJOY!** 

#### 2 4 PEOPLI

# **INGREDIENTS**

|                    | 2P                    | 4P                     |
|--------------------|-----------------------|------------------------|
| olive oil*         | refer to<br>method    | refer to<br>method     |
| potato             | 2                     | 4                      |
| cherry tomatoes    | 1 punnet              | 2 punnets              |
| cucumber           | 1                     | 2                      |
| black peppercorns  | ½ sachet              | 1 sachet               |
| garlic aioli       | 1 packet<br>(50g)     | 1 packet<br>(100g)     |
| pork loin steaks   | 1 packet              | 1 packet               |
| Aussie spice blend | 1 sachet              | 2 sachet               |
| flaked almonds     | 1 sachet              | 2 sachets              |
| balsamic vinegar*  | 3 tsp                 | 1½ tbs                 |
| mixed salad leaves | <b>1 bag</b><br>(60g) | <b>1 bag</b><br>(120g) |

\*Pantry Items

| NUTRITION        | PER SERVING     | <b>PER 100G</b> |
|------------------|-----------------|-----------------|
| Energy (kJ)      | 2140kJ (512Cal) | 347kJ (83Cal)   |
| Protein (g)      | 44.5g           | 7.2g            |
| at, total (g)    | 19.1g           | 3.1g            |
| saturated (g)    | 2.4g            | 0.4g            |
| Carbohydrate (g) | 36.2g           | 5.9g            |
| sugars (g)       | 8.6g            | 1.4g            |
| Sodium (g)       | 606mg           | 98mg            |

For allergens and ingredient information, visit **HelloFresh.com.au/foodinfo** 

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