

### SWEET & STICKY PORK RICE NOODLES

with Cashew Vegetable Toss





Add the flavours of Asia to pork







**Spring Onions** 





Green Beans







Pork Mince

Coriander



**Kecap Manis** 



**Rice Stick Noodles** 



**Roasted Cashews** 

Pantry Staples



Soy Sauce



Olive Oil



Fish Sauce



Sesame Oil

Hands-on: 25 mins Ready in: 30 mins Spicy (optional long red chilli) Sticky and sweet kecap manis is just the thing for these Asian pork noodles. We've kept the rest of your bowl packed full of fresh flavours, with spring onion, green beans and coriander. The crowning jewel of these rice noodles is roasted cashew nuts, adding a perfect crunch to an easy weeknight stunner.

## START

Our fruit and veggies need a little wash before you use them!! You will need: kettle, chef's knife, chopping board, garlic crusher, medium bowl, large bowl, colander, medium frying pan and a wooden spoon.



# ■ GET PREPPED Bring a full kettle of water to the boil. Finely slice the spring onion. Peel and crush the garlic. Trim the ends of the green beans and chop in half. Deseed and finely slice the long red chilli (if using). \* TIP: Make sure you remove the seeds and white pith when deseeding the chilli. The pith is actually the hottest part! If you like heat, leave it in for an extra kick. Pick the coriander leaves.



2 MARINATE THE PORK
In a medium bowl, combine the
pork mince, the spring onion, 1/2 of the
garlic and 1/2 of the kecap manis. Season
with a pinch of salt and pepper and mix to
coat the pork. Set aside to marinate.



Add the rice stick noodles (use the suggested amount) to a large bowl and pour over enough boiling water to completely cover the noodles. Note: Be sure to add the correct amount of noodles in order for your dish to be perfectly balanced, just the way we planned it! Soak for 8-10 minutes. In the last 2 minutes, add the green beans. Reserve 2 tbs of the cooking water, then drain and return to the bowl.



4 COOK THE PORK
While the noodles are soaking, heat a drizzle of olive oil in a medium frying pan over a medium-high heat. Add the marinated pork mince and cook for 4-5 minutes, breaking up with a wooden spoon, until browned. Transfer to a plate.



Return the pan to a medium-high heat and add a drizzle of olive oil. Add the remaining garlic, the roasted cashews, the green beans and the long red chilli (if using) and cook for 1-2 minutes, or until fragrant. \*TIP: Some like it hot, but if you don't just hold back on the chilli. Add the fish sauce, the soy sauce, the seasame oil, the remaining kecap manis, the reserved cooking water, add the cooked rice noodles. Return the pork mince to the pan and toss together until well combined.



**SERVE UP**Divide the sweet and sticky pork rice noodles between bowls and sprinkle over the coriander.

#### Enjoy!

## INGREDIENTS

2P	4P
refer to method	refer to method
1 bunch	2 bunches
1 clove	2 cloves
1 bag	2 bags
1	2
1 bunch	2 bunches
1 packet	2 packets
1 sachet (50 g)	2 sachets (100 g)
⅓ packet (125 g)	% packet (250 g)
1 tbs	2 tbs
1 tbs	2 tbs
1 packet (¼ cup)	2 packets (½ cup)
1 tsp	2 tsp
	refer to method 1 bunch 1 clove 1 bag 1 1 bunch 1 packet 1 sachet (50 g) ½ packet (125 g) 1 tbs 1 tbs 1 packet

\*Pantry Items | This ingredient can be found in your herb bag

NUTRITION	PER SERVING	<b>PER 100G</b>
Energy (kJ)	2920kJ (697Cal)	838kJ (200Cal)
Protein (g)	40.7g	11.7g
Fat, total (g)	26.5g	7.6g
- saturated (g)	6.7g	1.9g
Carbohydrate (g)	72.0g	20.7g
- sugars (g)	17.5g	5.0g
Sodium (g)	834mg	240mg

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