# Thai Sweet Chilli Pork Rissoles

with Sesame Fries & Slaw





















Ginger Lemongrass

**Oyster Sauce** 









Pork Mince

Fine Breadcrumbs





Japanese Dressing



Slaw Mix



**Pantry items** 

Olive Oil, Soy Sauce

We're big fans of glazing pork rissoles and this Thai version, with sweet chilli sauce and zesty lemon, is one of our best yet. Add a side of sesame fries and creamy slaw, and you've got a dinner that's all kinds of delicious.

### Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

#### You will need

Oven tray lined with baking paper · Large frying pan

### Ingredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
mixed sesame seeds	1 medium sachet	1 large sachet
lemon	1/2	1
garlic	1 clove	2 cloves
ginger lemongrass paste	1 packet	2 packets
oyster sauce	1 packet (50g)	1 packet (100g)
mint	1 bag	1 bag
sweet chilli sauce	1 packet (50g)	1 packet (100g)
soy sauce*	1 tsp	2 tsp
pork mince	1 small packet	1 medium packet
fine breadcrumbs	1 medium packet	1 large packet
garlic aioli	1 packet (50g)	1 packet (100g)
Japanese dressing	1 packet	2 packets
slaw mix	1 bag (150g)	1 bag (300g)
beef mince**	1 small packet	1 medium packet

<sup>\*</sup>Pantry Items \*\*Custom Recipe Ingredient

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3512kJ (839Cal)	620kJ (148Cal)
Protein (g)	34.9g	6.2g
Fat, total (g)	48g	8.5g
- saturated (g)	8.1g	1.4g
Carbohydrate (g)	63.9g	11.3g
- sugars (g)	24.7g	4.4g
Sodium (mg)	2082mg	367mg

#### **Custom Recipe**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	<b>3495kJ</b> (835Cal)	617kJ (147Cal)
Protein (g)	38.5g	6.8g
Fat, total (g)	45.8g	8.1g
- saturated (g)	7.8g	1.4g
Carbohydrate (g)	63.9g	11.3g
- sugars (g)	24.7g	4.4g
Sodium (mg)	2095mg	370mg

The quantities provided above are averages only.

### **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

If you have any questions or concerns, please visit **hellofresh.com.au/contact** 

2021 | CW26



#### Bake the sesame fries

Preheat the oven to 240°C/220°C fan-forced. Cut the **potato** into fries and place on a lined oven tray. Sprinkle with the **mixed sesame seeds**, season with **salt** and drizzle with **olive oil**. Toss to coat, then bake until tender, 20-25 minutes.



### Get prepped

While the fries are baking, zest the **lemon** to get a generous pinch, then slice into wedges. Finely chop the **garlic**. Pick and thinly slice the **mint** leaves. In a small bowl, combine the **sweet chilli sauce**, **lemon zest**, **soy sauce** and a dash of **water**.



#### Make the rissoles

In a medium bowl, combine the **pork mince**, **garlic**, **ginger lemongrass paste**, **oyster sauce**, **fine breadcrumbs**, and a squeeze of **lemon juice**. Using damp hands, shape heaped tablespoons of the mixture into balls then flatten to make 2cm-thick rissoles. Transfer to a plate. You should get 4-5 rissoles per person.

#### **CUSTOM RECIPE**

If you've swapped to beef mince, prepare the beef mince as above.



### Cook the rissoles

In a large frying pan, heat a drizzle of **olive oil** over a medium-high heat. Cook the **rissoles** until browned and cooked through, **3-4 minutes** each side. Remove the pan from the heat and add the **sweet chilli mixture**. Turn the rissoles to coat in the glaze.



### Make the slaw

In a medium bowl, combine the **garlic aioli**, **Japanese dressing**, and a good squeeze of **lemon juice**. Add the **slaw mix** and **mint** to the bowl with the dressing and toss to coat. Season with **salt** and **pepper**.



## Serve up

Divide the sesame fries between plates and serve with the slaw and the Thai rissoles. Spoon over any remaining glaze. Serve with any remaining lemon wedges.

### Enjoy!