



# Toasted Bagel & Cream Cheese

with Tomato & Basil Pesto

SERVES  
2



Grab your Kit



### First up!

Wash your hands and any fresh foods before you start.

### Ingredients 2 people

Tomato	1
Bagels	2
Cream Cheese	1 packet
Basil Pesto	2 medium packets

\*Pantry Items

### Nutrition Information

AVG QTY	PER SERVING	PER 100g
Energy (kJ)	3614kJ (864Cal)	1129kJ (270Cal)
Protein (g)	24g	7.5g
Fat, total (g)	51.8g	16.2g
- saturated (g)	17.3g	5.4g
Carbohydrate (g)	71.7g	22.4g
- sugars (g)	13.1g	4.1g
Sodium (g)	1042mg	326mg

The quantities provided above are averages only.

### 1. Get prepped

Thinly slice **tomato**.

### 2. Toast bagels

Halve **bagels**. Toast or grill to your liking.

### 3. Serve up

Transfer bagels to serving plates. Spread with **cream cheese**, top with tomato and dollop with **basil pesto** to serve.

### Fresh tip!

Add a fresh herb to your bagel!

### Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.com.au/foodinfo](https://hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

### We're here to help!

If you have any questions or concerns, please contact us at [hellofresh.com.au/contact](https://hellofresh.com.au/contact)



SBH



# ON THE MENU

With delicious options for every occasion from breakfast to dinner, HelloFresh has you covered for every meal of the day.

## Brekkie delights

Make breakfast extra delicious with one of our satisfying breakfast options, like granola, pancakes and bagels.

Combining a fresh bagel and delicious savoury toppings, our **Smoked Salmon & Cream Cheese Bagel with Spring Onion & Capers** is sure to be a hit!



## Treat yourself

For a twist on a retro classic try our **Pineapple Upside Down Cake**. With a decadent coconut caramel sauce, you'll be lining up for seconds!



## Shop the range!

Get more in your HelloFresh box with our delicious range of snacks, fruit, desserts and drinks.



Choc Chip Protein Cookie



Balsamic Vinegar & Sea Salt Vege Crackers



Raspberry Lemonade Kombucha



Sweetcorn & Spring Onion Fritter Bites

## Plan your menu!

Scan the QR code below and add something special to your next box!

