

Toasted Croissant

with Smoked Cheddar & Tomato



Grab your Kit

First up!

Wash your hands and any fresh foods before you start.

| Ingredients | 2 people |
|--------------------------|--------------------|
| Smoked Cheddar Cheese | 1 packet (100g) |
| Tomato | 1 |
| Croissants *Pantry Items | 1 packet |

Nutrition Information

| AVG QTY | PER SERVING | PER 100g |
|------------------|--------------------|--------------------|
| Energy (kJ) | 1681kJ (402Cal) | 1140kJ (272Cal) |
| Protein (g) | 16.7g | 11.3g |
| Fat, total (g) | 27.3g | 18.5g |
| - saturated (g) | 17g | 11.5g |
| Carbohydrate (g) | 22.1g | 15g |
| - sugars (g) | 4.1g | 2.8g |
| Sodium (g) | 516mg | 350mg |

The quantities provided above are averages only.

1. Get prepped

Preheat oven to 220°C/200°C fan-forced. Thinly slice smoked Cheddar cheese. Thinly slice tomato. Cut croissants in half horizontally.

2. Bake croissants

Divide **cheese** and **tomato** between **croissant** bases.

Top with **croissant** tops and place on a baking tray. Bake until cheese is melted,

5-8 minutes.

3. Serve up

Divide croissants between plates.

resh tip!

Add some Dijon mustard to your croissant for extra flavour.

Allergens

Ilways read product labels for the most up-to-date allergen information. Visit lellofresh.com.au/foodlinfo for allergen ind ingredient information. If you have eccived a substitute ingredient, please be ware allergens may have changed.

We're here to help

you have any questions or oncerns, please contact us at tellofresh.com.au/contact 022 | CW29

