



# Tropical Muesli

with Lemon Curd, Macadamias & Yoghurt

SERVES  
8



Grab your Kit



## First up!

Wash your hands and any fresh foods before you start.

Ingredients	8 people
Macadamias	1 large packet
Toasted Tropical Muesli	1 packet
Greek-Style Yoghurt	1 packet
Lemon Curd	1 medium packet

\*Pantry Items

Nutrition Information		
AVG QTY	PER SERVING	PER 100g
Energy (kJ)	2166kJ (517Cal)	1106kJ (264Cal)
Protein (g)	15.8g	8.1g
Fat, total (g)	30.4g	15.5g
- saturated (g)	10.8g	5.5g
Carbohydrate (g)	43.1g	22g
- sugars (g)	27.3g	13.9g
Sodium (g)	95mg	48mg

The quantities provided above are averages only.

## 1. Get prepped

Roughly chop **macadamias**.

## 2. Plate up

In a serving bowl, add a layer of **toasted tropical muesli** (store any leftover muesli in an airtight container).

## 3. Serve up

Top muesli with a dollop of **Greek-style yoghurt** and **lemon curd**. Sprinkle with macadamias to serve.

## Fresh tip!

Heat a frying pan over medium-high heat. Toast some shredded coconut until golden, 2-3 minutes, and sprinkle over!

## Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.com.au/foodinfo](https://hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

## We're here to help!

If you have any questions or concerns, please contact us at [hellofresh.com.au/contact](https://hellofresh.com.au/contact) 2022 | CW22



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